

SAVIXOR®

PRODUCT PORTFOLIO

SUPPLEMENTS MADE IN A PHARMA FACILITY

ONE PORTFOLIO.
13 HEALTH CATEGORIES.



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VISION

At SAVIXOR, we develop scientifically backed supplements using high-quality ingredients.

We value transparency, trust, and a customer-first approach – to support your health every step of the way.

MISSION

At SAVIXOR, we design culturally relevant packaging, prioritize sustainable practices, ensure full regulatory compliance, and stay closely connected to our customers to deliver trusted health and wellness solutions.



HydriaX

For blood pressure



During intense physical activity such as sport or when travelling to warm regions, the body loses both fluids and valuable electrolytes due to heavy sweating. These include the minerals sodium, potassium and chloride. It is important that the additional demand for fluid and electrolytes is replenished.

Our food supplement HydriaX contains the ideal combination of dextrose, sodium citrate, sodium chloride and potassium chloride. The potassium it contains contributes to the maintenance of normal blood pressure. Furthermore, this mineral supports normal muscle function and the normal function of the nervous system.



Recommended consumption:



Dissolve 1 sachet (each 5.3 g) twice a day in 200 ml water, stir well and drink.



lactose-free



gluten-free



vegan



HydriaX

For blood pressure



Food supplement with minerals



**Flavour:
Orange**



Nutrients	Per daily serving (2 sachets = each 5.3 g)	% NRV ¹
Potassium	300 mg	15
Chloride	860 mg	108
Sodium	640 mg	-
Dextrose	6600 mg	-

¹Nutrient Reference Value = Reference quantity according to EU regulation



Ingredients:

Dextrose; sodium citrate; sodium chloride; potassium chloride; acidifier: citric acid; sweeteners: sodium cyclamate, sodium saccharin; flavour.

The product HydriaX does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians and vegans.



SCIENTIFIC BACKGROUND ON POTASSIUM

HydriaX | FOR BLOOD PRESSURE

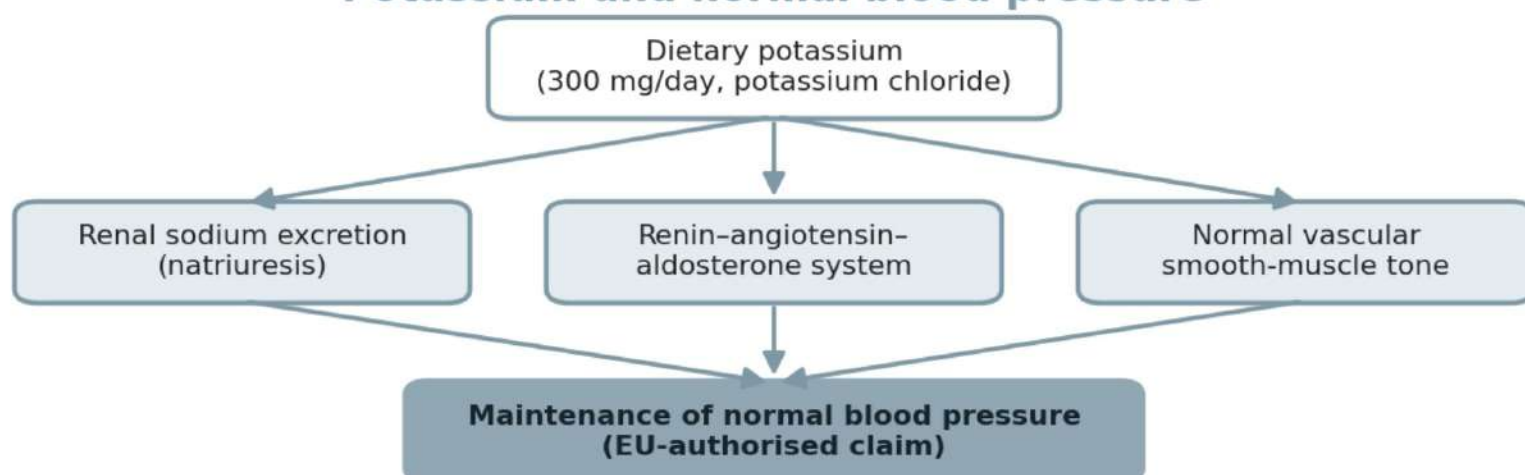
HydriaX is an electrolyte formulation (dextrose, sodium citrate, sodium chloride, potassium chloride) providing 300 mg potassium per day (15% NRV).

300 mg potassium

HUMAN STUDIES: POTASSIUM & BLOOD PRESSURE

- Meta-analyses of randomised controlled trials and large cohort studies have evaluated potassium intake and blood pressure.
- Potassium promotes renal sodium excretion and supports normal vascular smooth muscle tone.
- Pooled potassium supplementation trials ran for 2–24 weeks.

Potassium and normal blood pressure



Schematic illustration of the physiological roles described in the source statement — not a clinical-trial result.

★ EVIDENCE HIGHLIGHTS

- Higher potassium intake was associated with reduced blood pressure and reduced stroke risk (Aburto et al., 2013).
- Potassium supplementation significantly reduced systolic and diastolic blood pressure, most with high sodium intake (Whelton et al., 1997).
- Potassium contributes to the maintenance of normal blood pressure; at 15% NRV, HydriaX is positioned for nutritional adequacy rather than a therapeutic dose.

Selected references

Aburto et al. BMJ. 2013;346:f1378. Whelton et al. JAMA. 1997;277(20):1624–1632. EFSA scientific opinion summarized in the original HydriaX Clinical Study Statement.

HydriaX Junior

For energy metabolism



Children are very active throughout the day. During physical activity, such as sports or when travelling to warm regions, the body not only loses fluids through heavy sweating, but also important electrolytes. These include the minerals sodium, potassium and chloride. It is important that the additional demand of fluid and electrolytes is replenished.

The carefully selected combination of dextrose, sodium chloride, sodium hydrogen carbonate and potassium chloride has been specially developed for children. In addition, HydriaX Junior contains vitamin C, which contributes to the normal function of the immune system, to the reduction of tiredness and fatigue and to normal energy-yielding metabolism. Our food supplement is in powder form and can simply be dissolved in water and drunk. The fruity strawberry flavour of the drink is particularly popular with children.



Recommended consumption:



Dissolve 1 sachet (each 5.3 g) once a day in 200 ml water, stir well and drink.



lactose-free



gluten-free



vegan



HydriaX Junior

For energy metabolism

Food supplement with minerals and Vitamin C



**Flavour:
Strawberry**



Nutrients	Per daily serving (1 sachet = 5.3 g)	% NRV ¹
Potassium	160 mg	8
Chloride	435 mg	54
Sodium	305 mg	-
Vitamin C	45 mg	56
Dextrose	3000	-

¹Nutrient Reference Value = Reference quantity according to EU regulation

**SUITABLE FOR
CHILDREN AGED 1
YEAR AND ABOVE.**



Ingredients:

Dextrose; sodium chloride; sodium hydrogen carbonate; acidifier: citric acid; potassium chloride; maltodextrin; beetroot juice concentrate;

L-ascorbic acid; flavour; anti-caking agent: silicon dioxide; sweetener: sucralose; colour: riboflavin-5-phosphate.

The product HydriaX Junior does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians and vegans.



SCIENTIFIC BACKGROUND ON VITAMIN C

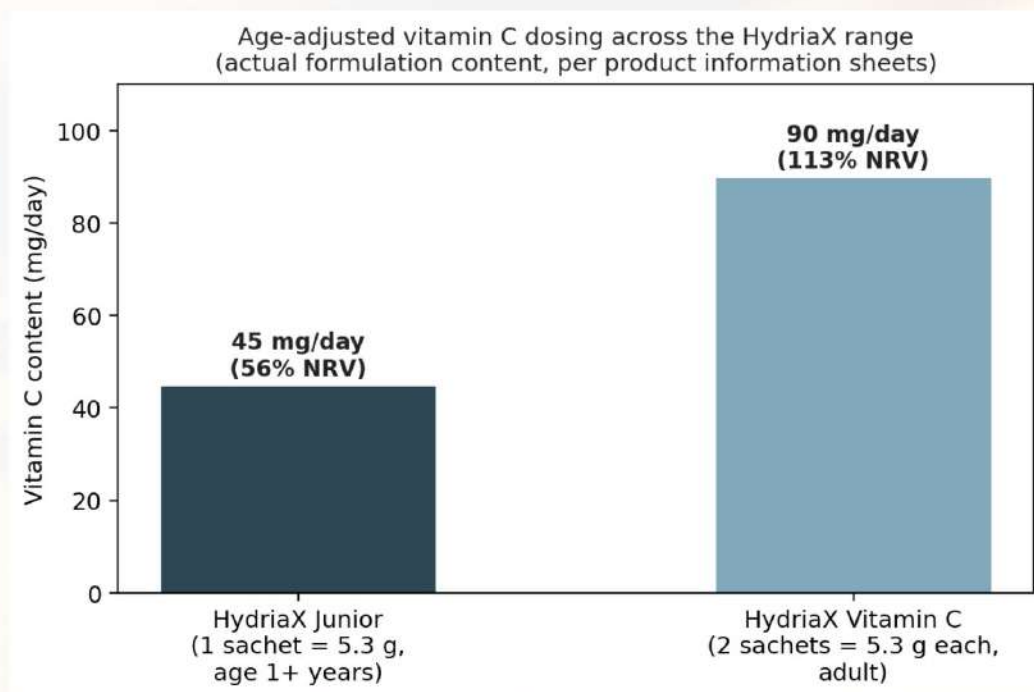
HydriaX Junior | FOR ENERGY METABOLISM

HydriaX Junior is an electrolyte and vitamin C formulation for children aged 1 year and above, providing 45 mg/day vitamin C (56% NRV).

45 mg/day

EVIDENCE-BASED NUTRIENT FUNCTIONS

- Vitamin C contributes to normal energy-yielding metabolism, to normal function of the immune system and to the reduction of tiredness.
- Sodium and glucose (dextrose) co-transport supports intestinal fluid and electrolyte absorption, the established principle of oral rehydration.
- Vitamin C and electrolyte content are adjusted for children aged 1 year and above.



★ EVIDENCE HIGHLIGHTS

- 45 mg/day vitamin C (56% NRV), adjusted for children aged 1 year and above.
- The declared vitamin C claim is substantiated by the underlying EFSA scientific opinion.
- Electrolyte content follows standard paediatric rehydration-solution principles (WHO oral rehydration guidance).

Selected references

EFSA scientific opinion on vitamin C and WHO Oral Rehydration Salts guidance, summarised in the original HydriaX Junior Clinical Study Statement.

HydriaX Zinc

For skin, hair and nails



As an essential trace element, zinc is an important component of numerous enzymes in the human body. Zinc also plays an important role in skin, hair and nail health, as zinc supports the maintenance of normal skin, hair and nails. Zinc also contributes to the protection of cells from oxidative stress. Oxidative stress is caused, for example, by stress, an unhealthy diet, lack of sleep or UV radiation.

The elasticity of the skin depends on its fluid content, as our skin cells store water. It is recommended to drink 2–3 litres of water a day. During physical activity such as sport or in the heat, the body loses both fluid and valuable electrolytes through heavy sweating. These include the minerals sodium, potassium and chloride. It is important that the additional demand for fluid and electrolytes is replenished. Our food supplement HydriaX Zinc contains a carefully balanced combination of dextrose, sodium citrate, sodium chloride, potassium chloride and the trace element zinc. Once dissolved in drinking water, HydriaX Zinc is a fruity drink.



lactose-free



gluten-free



vegan

Recommended consumption:



Dissolve 1 sachet (each 5.3 g) twice a day in 200 ml water, stir well and drink.



HydriaX Zinc

For skin, hair and nails

Food supplement with minerals and zinc



Flavour:
Blackcurrant



Nutrients	Per daily serving (2 sachets = each 5.3 g)	% NRV ¹
Potassium	300 mg	15
Chloride	860 mg	108
Sodium	640 mg	-
Zinc	5 mg	50
Dextrose	6600 mg	-

¹Nutrient Reference Value = Reference quantity according to EU regulation



Ingredients:

Dextrose; sodium citrate; sodium chloride; potassium chloride; acidifier: citric acid; sweeteners: sodium cyclamate, sodium saccharin; zinc citrate; flavour.

The product HydriaX Zinc does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians and vegans.



SCIENTIFIC BACKGROUND ON ZINC

HydriaX Zinc | FOR SKIN, HAIR AND NAILS

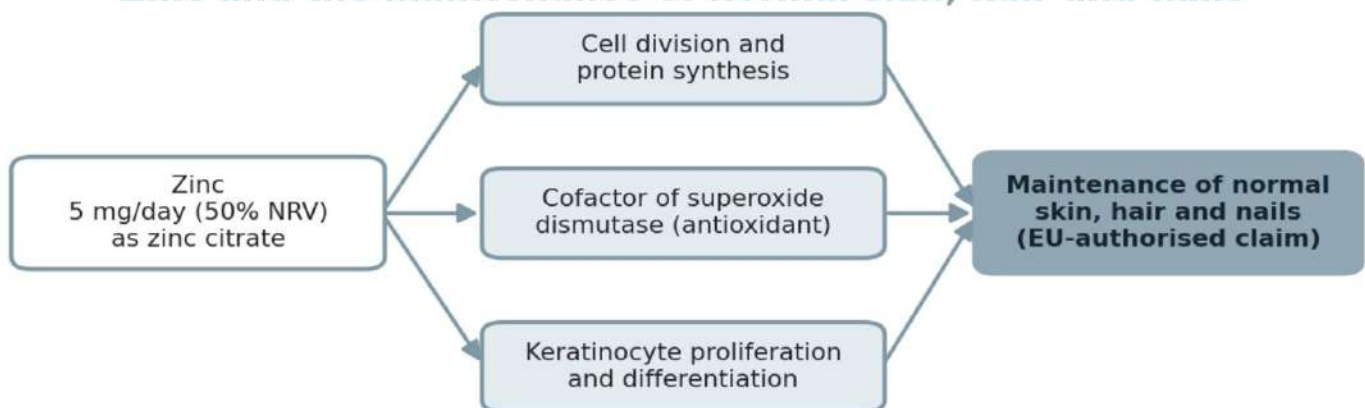
HydriaX Zinc combines the HydriaX electrolyte base with 5 mg zinc per day (50% NRV) for normal skin, hair and nails.

5 mg zinc

ZINC & SKIN, HAIR AND NAILS

- Zinc is a cofactor for enzymes involved in cell division, protein synthesis and keratinocyte proliferation and differentiation.
- Zinc deficiency is a recognised cause of dermatological changes, including hair thinning and nail abnormalities.
- Evidence comes predominantly from human deficiency-repletion studies in zinc-insufficient individuals.

Zinc and the maintenance of normal skin, hair and nails



Schematic illustration of the physiological roles described in the source statement — not a clinical-trial result.

★ EVIDENCE HIGHLIGHTS

- Zinc contributes to the maintenance of normal skin, hair and nails.
- In human studies, zinc repletion reversed zinc-deficiency dermatoses and supports keratinocyte proliferation (Kogan et al., 2017).
- Benefit is expected primarily in individuals with suboptimal baseline zinc status.

Selected references

Kogan et al. Nutrients. 2017;9(7):710. EFSA scientific opinion summarised in the original HydriaX Zinc Clinical Study Statement.

ElectrolyX

For electrolyte balance



During intense physical activity and heavy sweating, the body not only loses fluids, but also important electrolytes. These include minerals such as sodium, potassium and chloride. ElectrolyX contains a carefully selected combination of dextrose, sodium chloride, sodium hydrogen carbonate and potassium chloride. The mineral magnesium contained in ElectrolyX contributes to electrolyte balance and normal energy-yielding metabolism.

Regular sport and plenty of exercise are good for the body and mind, promoting bone stability as well as muscle development. With the aid of amino acids, our body can produce proteins, which are also necessary for muscle building, for example. Magnesium and the essential trace element zinc contribute to normal protein synthesis and to the maintenance of normal bones. Magnesium supports normal muscle function. Zinc contributes to normal carbohydrate metabolism and to normal metabolism of fatty acids.

Recommended consumption:



Dissolve 1 sachet (each 6.0 g) twice a day in 200 ml water, stir well and drink.



lactose-free



gluten-free



vegan



ElectrolyX

For electrolyte balance

Food supplement with minerals and zinc



**Flavour:
Orange-
Lemon**

Nutrients	Per daily serving (2 sachets = each 6.0 g)	% NRV ¹
Magnesium	250 mg	67
Potassium	310 mg	16
Chloride	840 mg	105
Sodium	620 mg	-
Zinc	3 mg	30
Dextrose	6500 mg	-

¹Nutrient Reference Value = Reference quantity according to EU regulation



Ingredients:

Dextrose; magnesium salts of citric acid; sodium chloride; sodium hydrogen carbonate; acidifier: citric acid; potassium chloride; flavours; anti-caking agent: silicon dioxide; sweetener: sucralose; zinc citrate; colour: riboflavin-5-phosphate.

The product ElectrolyX does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians and vegans.



SCIENTIFIC BACKGROUND ON ELECTROLYTES

ElectrolyX | FOR ELECTROLYTE BALANCE

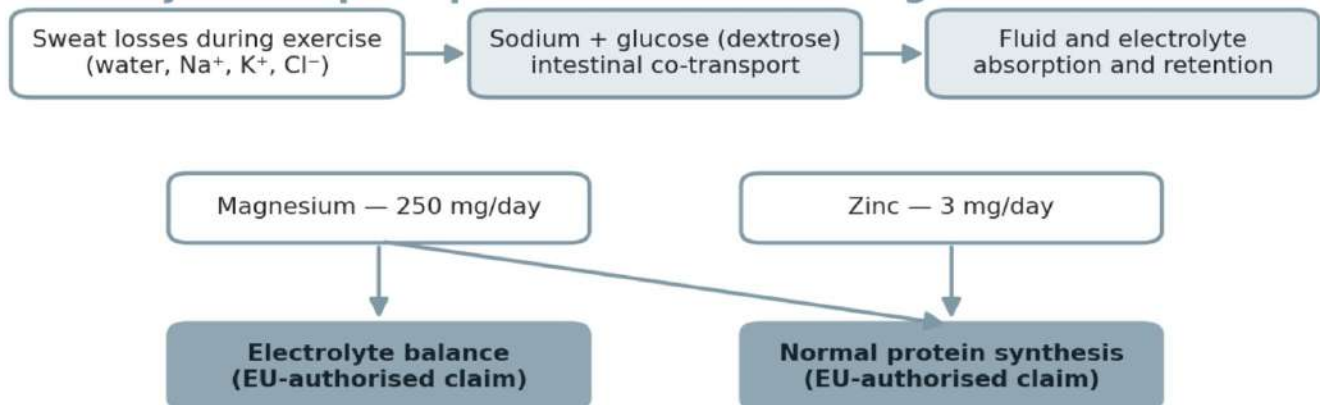
ElectrolyX combines dextrose, sodium chloride, sodium hydrogen carbonate, potassium chloride, magnesium and zinc to replace fluid and electrolytes lost through sweat.

2 health claims

REHYDRATION PHYSIOLOGY & HUMAN STUDY

- Sweat losses during intense physical activity include water plus sodium, potassium and chloride.
- Glucose (dextrose) alongside sodium supports intestinal co-transport of fluid and electrolytes.
- A controlled human study compared sodium-containing rehydration solutions with plain water after exercise-induced dehydration.

Rehydration principle and the roles of magnesium and zinc



Schematic illustration of the physiological roles described in the source statement — not a clinical-trial result.

★ EVIDENCE HIGHLIGHTS

- Sodium-containing solutions produced greater fluid retention than plain water (Maughan & Leiper, 1995).
- Magnesium contributes to electrolyte balance.
- Zinc and magnesium contribute to normal protein synthesis.

Selected references

Maughan & Leiper. Eur J Appl Physiol. 1995;71(4):311–319. EFSA scientific opinions summarised in the original ElectrolyX Clinical Study Statement.

ImmunaX

For immune system



A well-functioning immune system is the basis for our health. Especially in times of increased stress, with an unhealthy lifestyle or during the cold season, the immune system is put under greater strain.

ImmunaX contains a balanced combination of important vitamins and trace elements to specifically support the normal function of the immune system: Vitamins C, D, B6, B12, selenium and zinc.

In addition, vitamins C, B1, B2, niacin, pantothenic acid, B6, biotin and B12 make an important contribution to energy-yielding metabolism, while vitamins C, B2, niacin, pantothenic acid, B6 and B12 also help to reduce tiredness and fatigue.

Recommended consumption:



Dissolve 1 sachet (each 5.0 g) once a day in 200 ml water, stir well and drink.



lactose-free



gluten-free



vegetarian



ImmunaX

For immune system

Food supplement with vitamins and trace elements



**Flavour:
Mango-
passion fruit**

Nutrients	Per daily serving (1 sachet = 5.0 g)	% NRV ¹
Vitamin C	300 mg	375
Vitamin D3	20 µg = 800 I.U.	400
Vitamin B1	4.0 mg	364
Vitamin B2	4.5 mg	321
Niacin	17 mg NE	106
Pantothenic acid	18 mg	300
Vitamin B6	4.0 mg	286
Biotin	180 µg	360
Vitamin B12	7.5 µg	300
Selenium	45 µg	82
Zinc	10 mg	100

¹Nutrient Reference Value = Reference quantity according to EU regulation



Ingredients:

Dextrose; maltodextrin; L-ascorbic acid; acidity regulator: sodium hydrogen carbonate; acidifier: citric acid; flavour; calcium-D-pantothenate; nicotinamide; sweetener: sucralose; beetroot juice concentrate; zinc oxide; riboflavin; thiamine mononitrate; pyridoxine hydrochloride; colour: riboflavin-5-phosphate; D-biotin; sodium selenite; cholecalciferol; cyanocobalamin.

The product ImmunaX does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians.



SCIENTIFIC BACKGROUND ON IMMUNE NUTRIENTS

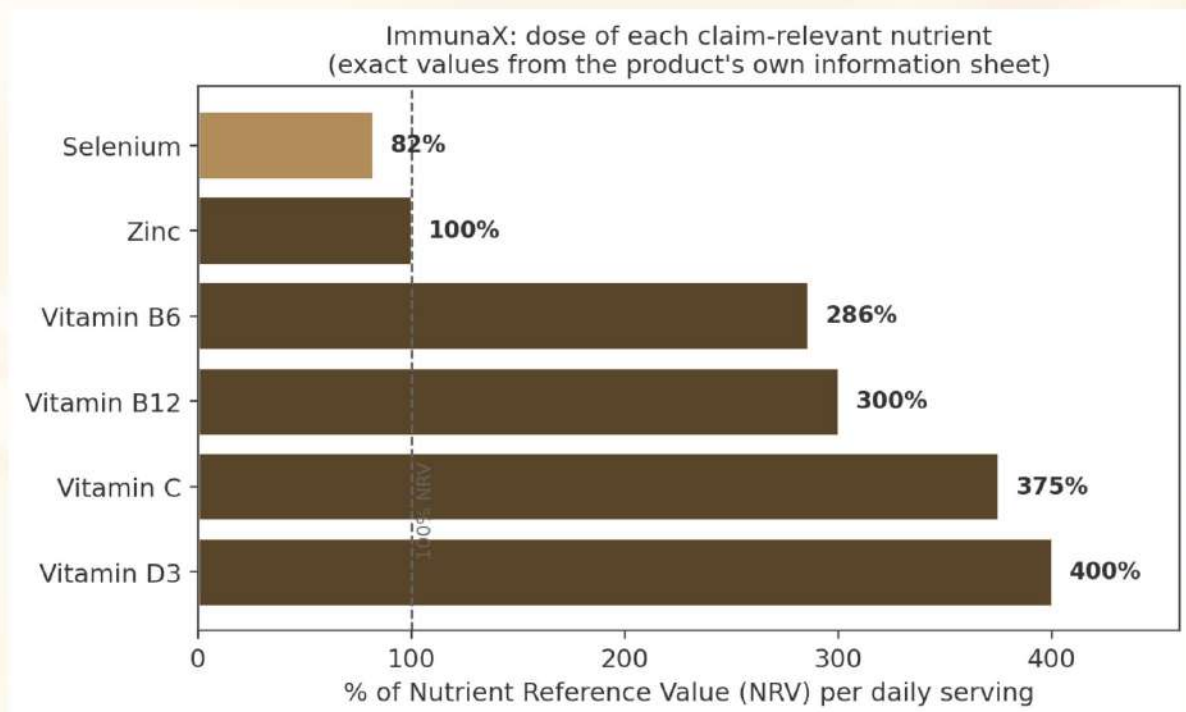
ImmunaX | FOR IMMUNE SYSTEM

ImmunaX, the base formulation of the ImmunaX range, provides vitamins C, D3, B1, B2, niacin, pantothenic acid, B6, biotin and B12, plus selenium and zinc.

6 immune nutrients

EVIDENCE-BASED NUTRIENT FUNCTIONS

- Vitamins C, D, B6, B12, selenium and zinc contribute to normal function of the immune system.
- Vitamin C supports leukocyte function; vitamin D modulates innate and adaptive immune cell activity.
- Zinc and selenium support immune cell development and function; vitamins B6 and B12 support immune-cell proliferation.



★ EVIDENCE HIGHLIGHTS

- Per daily serving: vitamin D3 400%, vitamin C 375%, vitamin B12 300%, vitamin B6 286%, zinc 100% and selenium 82% NRV. • Five of the six immune-relevant nutrients are provided at or above 100% NRV.
- The declared immune-function claim is directly supported by the underlying EFSA scientific opinions.

Selected references

EFSA scientific opinions and EU-authorised nutrient-function evidence summarised in the original ImmunaX Clinical Study Statement.

ImmunaX Beta-Glucan

For immune system



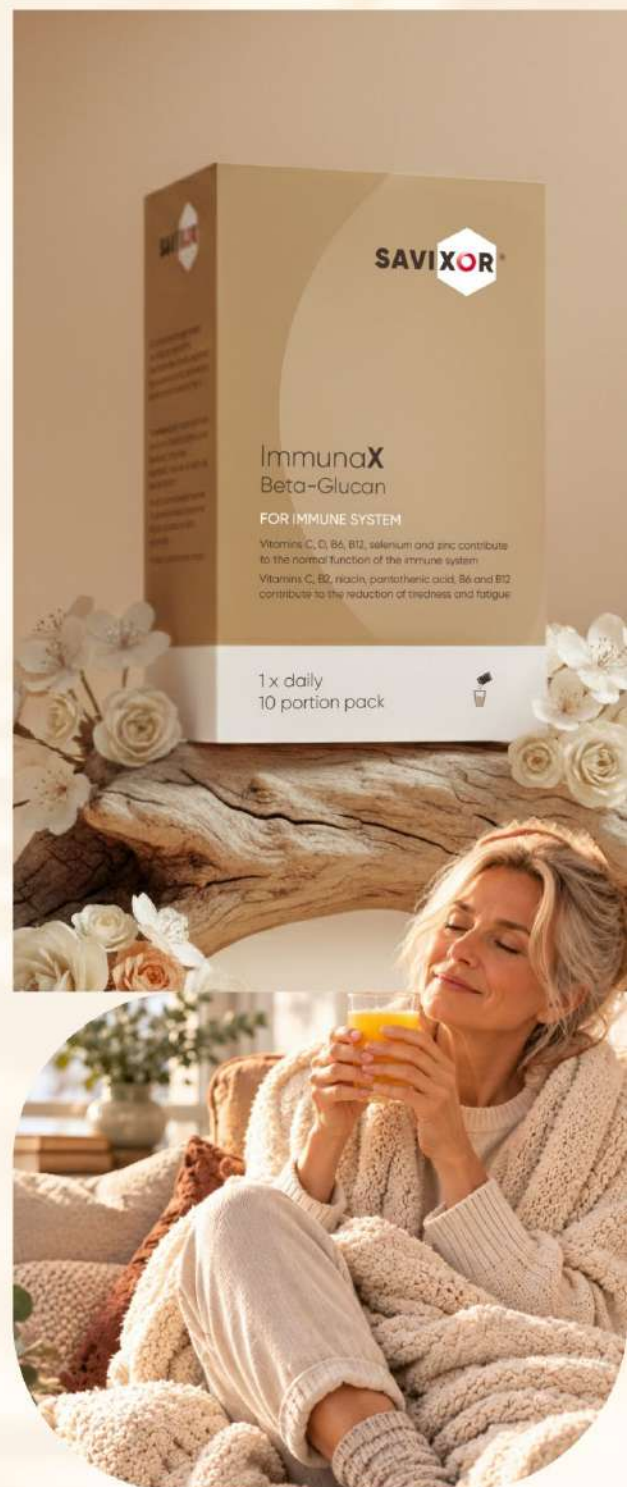
A well-functioning immune system is the basis for our health. Especially in times of increased stress, with an unhealthy lifestyle or during the cold season, the immune system is put under greater strain. To support the normal function of the immune system, our food supplement ImmunaX Beta-Glucan contains vitamins C, D, B6, B12 and the trace elements selenium and zinc. Vitamins C, B1, B2, niacin, pantothenic acid, B6, biotin and B12 make an important contribution to energy-yielding metabolism, while vitamins C, B2, niacin, pantothenic acid, B6 and B12 also help to reduce tiredness and fatigue.

The additional yeast beta-glucans contained in ImmunaX Beta-Glucan are a type of dietary fibre and are a natural component of the cell walls of baker's yeast (*Saccharomyces cerevisiae*). The 1,3/1,6-beta-D-glucan extract used in ImmunaX Beta-Glucan has a minimum content of 80 % pure beta-glucan. In addition to a balanced combination of important vitamins and trace elements, our food supplement provides 500 mg of beta-glucan extract per day.

Recommended consumption:



Dissolve 1 sachet (each 5.5 g) once a day in 200 ml water, stir well and drink.



lactose-free



gluten-free



vegetarian

ImmunaX Beta-Glucan

For immune system

Food supplement with yeast-derived beta-glucans, vitamins and trace elements



Flavour: Orange-pomegranate



Ingredients:

Dextrose; maltodextrin; 9.1 % beta-glucans extract from yeast (*Saccharomyces cerevisiae*); acidifier: citric acid; L-ascorbic acid; acidity regulator: sodium hydrogen carbonate; flavours; calcium-D-pantothenate; nicotinamide; beetroot juice concentrate; sweetener: sucralose; zinc oxide; riboflavin; thiamine mononitrate; pyridoxine hydrochloride; colour: riboflavin-5-phosphate; D-biotin; sodium selenite; cholecalciferol; cyanocobalamin.

The product ImmunaX Beta-Glucan does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians.

Nutrients	Per daily serving (1 sachet = 5.5 g)	% NRV ¹
Beta-Glucan extract	500 mg	-
Vitamin C	300 mg	375
Vitamin D3	20 µg = 800 I.U.	400
Vitamin B1	4.0 mg	364
Vitamin B2	4.5 mg	321
Niacin	17 mg NE	106
Pantothenic acid	18 mg	300
Vitamin B6	4.0 mg	286
Biotin	180 µg	360
Vitamin B12	7.5 µg	300
Selenium	45 µg	82
Zinc	10 mg	100

¹Nutrient Reference Value = Reference quantity according to EU regulation



CLINICAL EVIDENCE ON YEAST BETA-GLUCAN

ImmunaX Beta-Glucan | FOR IMMUNE SYSTEM

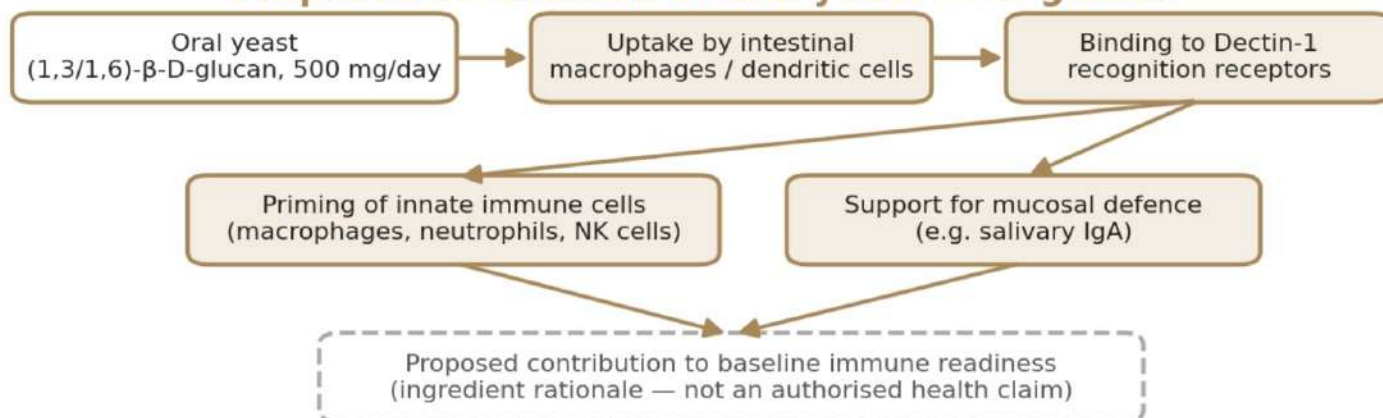
ImmunaX Beta-Glucan adds 500 mg/day yeast-derived (1,3/1,6)- β -D-glucan ($\geq 80\%$ pure) to vitamins C, D, B-complex, selenium and zinc.

500 mg/day

HUMAN STUDIES ON YEAST BETA-GLUCAN

- Randomised, double-blind, placebo-controlled trials in 162 healthy adults each, over 90 days to 12 weeks.
- Yeast beta-glucan doses of 250–500 mg/day.
- Outcomes included number, severity and duration of cold / upper respiratory tract infection (URTI) episodes and innate immune markers.

Proposed mechanism of oral yeast beta-glucan



Schematic illustration of the physiological roles described in the source statement — not a clinical-trial result.

★ EVIDENCE HIGHLIGHTS

- Fuller et al. (2012): reduced URTI symptom severity and duration in healthy older adults, with favourable innate immune cell markers.
- Auinger et al. (2013): reduced number and severity of cold/URTI episodes versus placebo, dose-related.
- The declared claims rely on the vitamins, selenium and zinc; no EU-authorised health claim currently exists for yeast beta-glucan.

Selected references

Fuller et al. Nutrition. 2012;28(6):665–669. Auinger et al. Eur J Nutr. 2013;52(8):1913–1918. EFSA scientific opinions summarised in the original ImmunaX Beta-Glucan Clinical Study

ImmunaX Junior

For immune system



A well-functioning immune system is the basis for our health. Increased stress, an unhealthy lifestyle or the cold season place greater demands on the immune system. Children in particular often catch colds at this time of year. To support the normal function of the immune system, our food supplement ImmunaX Junior contains vitamins C, D, B6, B12 and the trace elements selenium and zinc. Vitamins C, B1, B2, niacin, pantothenic acid, B6, biotin and B12 make an important contribution to energy-yielding metabolism, while vitamins C, B2, niacin, pantothenic acid, B6 and B12 also help to reduce tiredness and fatigue. In addition, vitamins C, B1, B2, niacin, B6, biotin, B12 and the mineral magnesium contribute to the normal functioning of the nervous system.

Children are on the move all day long. Vitamin D and the minerals calcium as well as magnesium contribute to the maintenance of normal muscle function. Calcium is needed to maintain normal bones. Magnesium and zinc contribute to the maintenance of normal bones. Children do not like swallowing tablets or capsules. Our food supplement in powder form can simply be dissolved in water and drunk. The fruity raspberry taste of ImmunaX Junior is very popular with children.



lactose-free gluten-free vegetarian

Recommended consumption:



Dissolve 1 sachet (each 5.5 g) once a day in 200 ml water, stir well and drink.



ImmunaX Junior

For immune system

Food supplement with vitamins, minerals and trace elements



**Flavour:
Raspberry**



Ingredients:

Dextrose; calcium lactate; magnesium salts of citric acid; maltodextrin; acidity regulator: sodium hydrogen carbonate; acidifier: citric acid; L-ascorbic acid; beetroot juice concentrate; flavour; sweetener: sucralose; calcium-D-pantothenate; nicotinamide; zinc oxide; riboflavin; thiamine mononitrate; pyridoxine hydrochloride; D-biotin; sodium selenite; cholecalciferol; cyanocobalamin.

The product ImmunaX Junior does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians.

Nutrients	Per daily serving (1 sachet = 5.5 g)	% NRV ¹
Vitamin C	150 mg	188
Vitamin D3	10 µg = 400 I.U.	200
Vitamin B1	2 mg	182
Vitamin B2	2.3 mg	164
Niacin [NE]	8.5 mg	53
Pantothenic acid	9 mg	150
Vitamin B6	2 mg	143
Biotin	90 µg	180
Vitamin B12	3.8 µg	152
Calcium	175 mg	22
Magnesium	150 mg	40
Selenium	22.5 µg	41
Zinc	5 mg	50

¹Nutrient Reference Value = Reference quantity according to EU regulation

**SUITABLE FOR
CHILDREN AGED 4
YEARS AND ABOVE.**



SCIENTIFIC BACKGROUND ON MICRONUTRIENTS

ImmunaX Junior | FOR IMMUNE SYSTEM

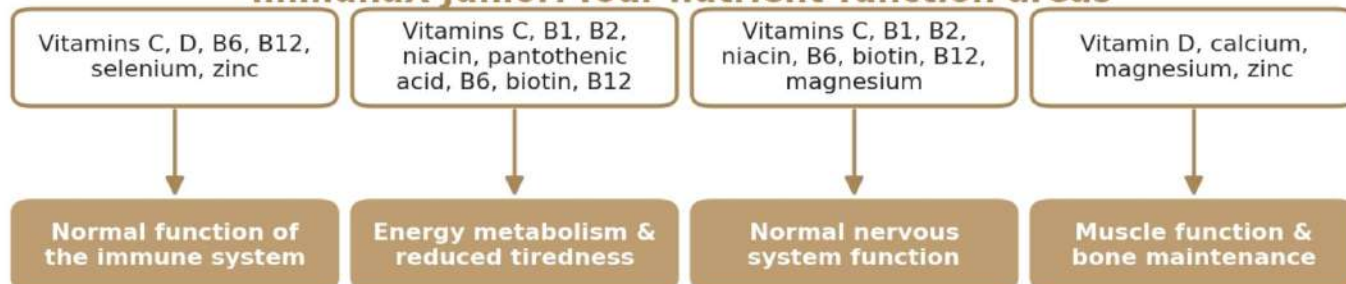
ImmunaX Junior combines vitamins and minerals selected to support key functions relevant to everyday immune, energy and nervous-system nutrition in children aged 4 years and above.

4 nutrient areas

EVIDENCE-BASED NUTRIENT FUNCTIONS

- Vitamins C, D, B6, B12, selenium and zinc contribute to normal function of the immune system.
- Vitamin C and B vitamins contribute to normal energy-yielding metabolism and the reduction of tiredness and fatigue.
- Vitamin D, calcium and magnesium contribute to normal muscle function; calcium, magnesium and zinc to the maintenance of normal bones.

ImmunaX Junior: four nutrient-function areas



Schematic illustration of the physiological roles described in the source statement — not a clinical-trial result.

★ EVIDENCE HIGHLIGHTS

- Four clearly defined nutrient-function areas are covered by the micronutrient combination.
- The formulation brings together complementary vitamins and minerals in a child-focused daily product.
- The original statement summarizes the scientific substantiation underlying the individual nutrient functions.

Selected references

EFSA scientific opinions and EU-authorised nutrient-function evidence summarised in the original ImmunaX Junior Clinical Study Statement.

NeuralMaX

For nervous system



NeuralMaX is a high-quality food supplement that provides a balanced blend of astaxanthin, vitamins and minerals. It has been specially formulated with zinc to support normal cognitive function at any age. Pantothenic acid also contributes to normal mental performance. Vitamins B1, B2, niacin, B6 and B12 and the mineral magnesium contribute to the normal functioning of the nervous system and normal energy-yielding metabolism, while vitamins B2, niacin, pantothenic acid, B6, B12 and magnesium contribute to the reduction of tiredness and fatigue. Calcium contributes to normal signalling between nerve cells (neurotransmission).

The astaxanthin ASTAFIT® CWD50 is obtained from the microalga *Haematococcus pluvialis*. The carotenoid serves as natural UV protection for the algae and gives salmon, among other things, its characteristic colouring.



lactose-free



gluten-free



vegetarian

Recommended consumption:



Dissolve 1 sachet (each 5.0 g) twice a day in 200 ml water, stir well and drink.



NeuralMaX

For nervous system

Food supplement with astaxanthin, vitamins, minerals and zinc



**Flavour:
Currant**

Ingredients:

Maltodextrin; calcium lactate; magnesium salts of citric acid; acidity regulator: sodium hydrogen carbonate; acidifier: citric acid; beetroot juice concentrate; 0.8% Astaxanthin-rich oleoresin from microalgae *Haematococcus pluvialis*; flavour; nicotinamide; calcium-D-pantothenate; zinc citrate; sweetener: sucralose; riboflavin; pyridoxine hydrochloride; thiamine mononitrate; retinyl acetate; cholecalciferol; cyanocobalamin.

The product NeuralMaX does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians.

Nutrients	Per daily serving (2 sachets = each 5.0 g)	% NRV ¹
ASTAFIT® CWD50	80 mg	–
– thereof Astaxanthin	4 mg	–
Vitamin A [RE]	200 µg	25
Vitamin D3	20 µg = 800 I.U.	400
Vitamin B1	4.4 mg	400
Vitamin B2	5.6 mg	400
Niacin [NE]	64 mg	400
Pantothenic acid	24 mg	400
Vitamin B6	5.6 mg	400
Vitamin B12	10 µg	400
Calcium	200 mg	25
Magnesium	200 mg	53
Zinc	5 mg	50

¹Nutrient Reference Value = Reference quantity according to EU regulation

CLINICAL EVIDENCE ON ASTAXANTHIN

NeuralMaX | ASTAFIT® CWD50

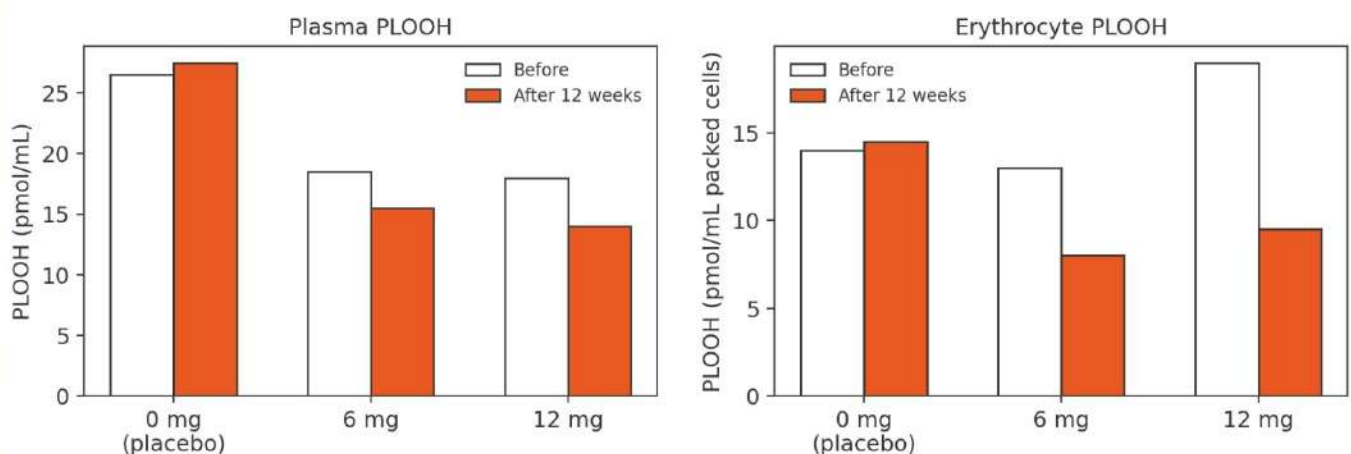
NeuralMaX contains ASTAFIT® CWD50, providing 4 mg astaxanthin per daily serving, alongside vitamins and minerals selected for cognitive and nervous-system support.

4 mg/day

HUMAN STUDIES ON ASTAXANTHIN

- Placebo-controlled human studies have investigated astaxanthin in middle-aged and older adults over 12 weeks.
- Published studies evaluated cognitive performance and antioxidant biomarkers.
- A randomised, double-blind, placebo-controlled study in adults aged 50–69 assessed plasma and erythrocyte phospholipid hydroperoxides (PLOOH).

Phospholipid hydroperoxide (PLOOH) levels before/after 12-week astaxanthin supplementation (n=30, middle-aged/senior subjects; values approximate, read from published figure, $p < 0.05$ vs. baseline)



★ EVIDENCE HIGHLIGHTS

- Astaxanthin supplementation was associated with significant reductions in plasma and erythrocyte PLOOH in the cited 12-week study ($p < 0.05$).
- Cognitive studies cited in the statement reported improvements in selected cognitive test outcomes.
- The broader evidence supports astaxanthin as a well-studied antioxidant carotenoid with human research across cognition and oxidative-stress markers.

Selected references

Satoh A et al. 2009. Nakagawa K et al. Br J Nutr. 2011;105:1563–1571. Katagiri M et al. 2012. References as summarized in the original NeuralMaX Clinical Study Statement.

AlkalaX

For acid-base metabolism



The body's acid-base balance is a complex system that relies on the co-operation of various endogenous buffer systems to maintain a constant pH value.

AlkalaX contains the minerals calcium, potassium and magnesium. The additional trace element zinc contributes to normal acid-base metabolism. Calcium and magnesium contribute to normal energy-yielding metabolism, while magnesium also contributes to the reduction of tiredness and fatigue. Magnesium, potassium and zinc are used in citrate form.

Recommended consumption:



Dissolve 1 sachet (each 5.0 g) once a day in 200 ml water, stir well and drink.



lactose-free



gluten-free



vegan



AlkalaX

For acid-base metabolism

Food supplement with minerals and zinc



**Flavour:
Lemon**



Nutrients	Per daily serving (1 sachet = 5.0 g)	% NRV ¹
Calcium	250 mg	31
Magnesium	250 mg	67
Potassium	400 mg	20
Zinc	3.5 mg	35

¹Nutrient Reference Value = Reference quantity according to EU regulation



Ingredients:

Calcium lactate; magnesium salts of citric acid; potassium citrate; maltodextrin; flavour; zinc citrate; sweetener: sucralose.

The product AlkalaX does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians and vegans.



SCIENTIFIC BACKGROUND ON ALKALINE MINERALS

AlkalaX | FOR ACID-BASE METABOLISM

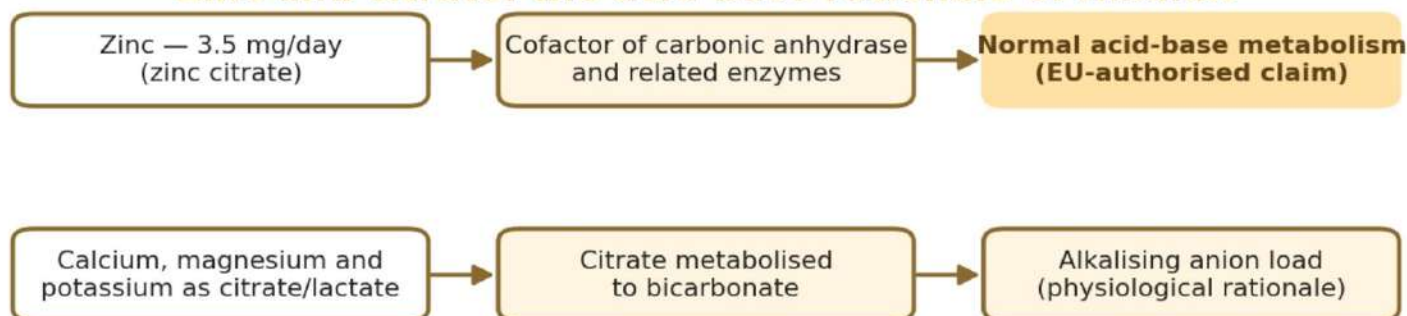
AlkalaX supplies the alkaline minerals calcium, magnesium and potassium together with zinc, with magnesium, potassium and zinc in citrate quality, for normal acid-base metabolism.

3 citrate minerals

EVIDENCE-BASED NUTRIENT FUNCTIONS

- Zinc contributes to normal acid-base metabolism, the declared health claim of AlkalaX.
- Zinc is a cofactor for carbonic anhydrase and other enzymes involved in acid-base regulation.
- Citrate is metabolised to bicarbonate, contributing an alkalisating anion load; citrate salts offer favourable solubility and bioavailability.

Zinc and citrate: the acid-base rationale of AlkalaX



Schematic illustration of the physiological roles described in the source statement — not a clinical-trial result.



EVIDENCE HIGHLIGHTS

- The declared claim is substantiated by the EFSA scientific opinion on zinc.
- The zinc content of AlkalaX is consistent with the dose range substantiated in that opinion.
- Calcium, magnesium and potassium are included for their own separately authorised nutrient roles.

Selected references

EFSA scientific opinions and EU-authorized nutrient-function evidence summarized in the original AlkalaX Clinical Study Statement.

CalciMagX+

For energy metabolism



A good supply of vitamins, minerals and trace elements is particularly important for a sporty and active lifestyle. CalciMagX+ contains vitamins C, B1, B2, niacin, pantothenic acid, B6, biotin, B12 and the minerals calcium and magnesium, which contribute to normal energy-yielding metabolism. Magnesium also supports the electrolyte balance.

Sport and physical exertion put particular strain on the muscles. Magnesium, calcium and vitamin D contribute to normal muscle function and the maintenance of normal bones and teeth. Magnesium and vitamins C, B1, B2, niacin, B6, biotin and B12 play an important role in the normal function of the nervous system. In addition, the vitamins C and D and the trace elements selenium and zinc support the body's defences by contributing to the normal function of the immune system.

Recommended consumption:



Dissolve 1 sachet (each 6.0 g) once a day in 200 ml water, stir well and drink.



lactose-free



gluten-free



vegetarian



CalciMagX+

For energy metabolism

**Food supplement with
vitamins, minerals and trace
elements**



**Flavour:
Cherry**



Nutrients	Per daily serving (1 sachet = 6.0 g)	% NRV ¹
Calcium	250 mg	31
Magnesium	240 mg	64
Vitamin C	210 mg	263
Vitamin D3	15 µg = 600 I.U.	300
Vitamin B1	2.8 mg	255
Vitamin B2	3.1 mg	221
Niacin [NE]	12 mg	75
Pantothenic acid	12 mg	200
Vitamin B6	2.8 mg	200
Biotin	125 µg	250
Vitamin B12	5 µg	200
Selenium	30 µg	55
Zinc	7.1 mg	71

¹Nutrient Reference Value = Reference quantity according to EU regulation



Ingredients:

Calcium lactate; magnesium salts of citric acid; maltodextrin; acidity regulator: sodium hydrogen carbonate; acidifier: citric acid; L-ascorbic acid; beetroot juice concentrate; flavour; sweeteners: sodium cyclamate, sodium saccharin; calcium-D-pantothenate; nicotinamide; zinc oxide; riboflavin; thiamine mononitrate; pyridoxine hydrochloride; colour: riboflavin-5-phosphate; D-biotin; sodium selenite; cholecalciferol; cyanocobalamin.

The product CalciMagX+ does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians.



SCIENTIFIC BACKGROUND ON MICRONUTRIENTS

CalciMagX+ | FOR ENERGY METABOLISM

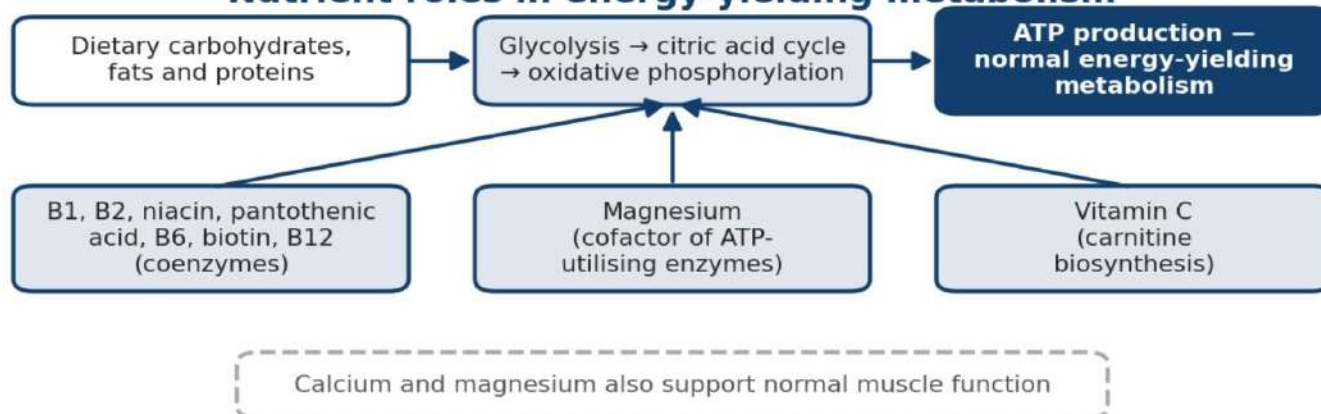
CalciMagX+ combines vitamin C, B-complex vitamins, calcium and magnesium to support normal energy-yielding metabolism in physically active people.

10 claim nutrients

EVIDENCE-BASED NUTRIENT FUNCTIONS

- Vitamins C, B1, B2, niacin, pantothenic acid, B6, biotin, B12, calcium and magnesium contribute to normal energy-yielding metabolism.
- B vitamins act as coenzymes or coenzyme precursors in glycolysis, the citric acid cycle and oxidative phosphorylation.
- Magnesium is a cofactor for ATP-dependent reactions; calcium and magnesium also support normal muscle contraction.

Nutrient roles in energy-yielding metabolism



Schematic illustration of the physiological roles described in the source statement — not a clinical-trial result.

★ EVIDENCE HIGHLIGHTS

- One declared health claim covers ten nutrients for normal energy-yielding metabolism.
- Magnesium additionally contributes to normal muscle function and electrolyte balance.
- The formulation is consistent with nutrient intake levels substantiated in the underlying EFSA opinions.

Selected references

EFSA scientific opinions and EU-authorised nutrient-function evidence summarized in the original CalciMagX+ Clinical Study Statement.

CitraMagX 400

For muscle function



Within our body, magnesium is involved in the function of more than 300 enzymes. Magnesium is a particularly important mineral for active athletes and anyone who regularly challenges their body. Magnesium contributes to normal muscle function. Magnesium also supports the electrolyte balance.

The contained magnesium, vitamin C and vitamin B6 contribute to a normal energy-yielding metabolism and to the reduction of tiredness and fatigue. CitraMagX 400 combines these three micronutrients in one sachet for convenient intake. Magnesium is used in citrate form.

Recommended consumption:



Dissolve 1 sachet (each 5.5 g) once a day in 200 ml water, stir well and drink.



lactose-free



gluten-free



vegan



CitraMagX 400

For muscle function

Food supplement with magnesium and vitamins



Flavour: Orange-pomegranate



Nutrients	Per daily serving (1 sachet = 5.5 g)	% NRV ¹
Magnesium	400 mg	107
Vitamin C	80 mg	100
Vitamin B6	5.6 mg	400

¹Nutrient Reference Value = Reference quantity according to EU regulation



Ingredients:

Magnesium salts of citric acid; acidifier: citric acid; acidity regulator: sodium hydrogen carbonate; filler: isomalt; L-ascorbic acid; flavours; maltodextrin; sweeteners: sodium cyclamate, sodium saccharin; beetroot juice concentrate; pyridoxine hydrochloride; colour: riboflavin-5-phosphate.

The product CitraMagX 400 does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians and vegans.



SCIENTIFIC BACKGROUND ON MAGNESIUM

CitraMagX 400 | FOR MUSCLE FUNCTION

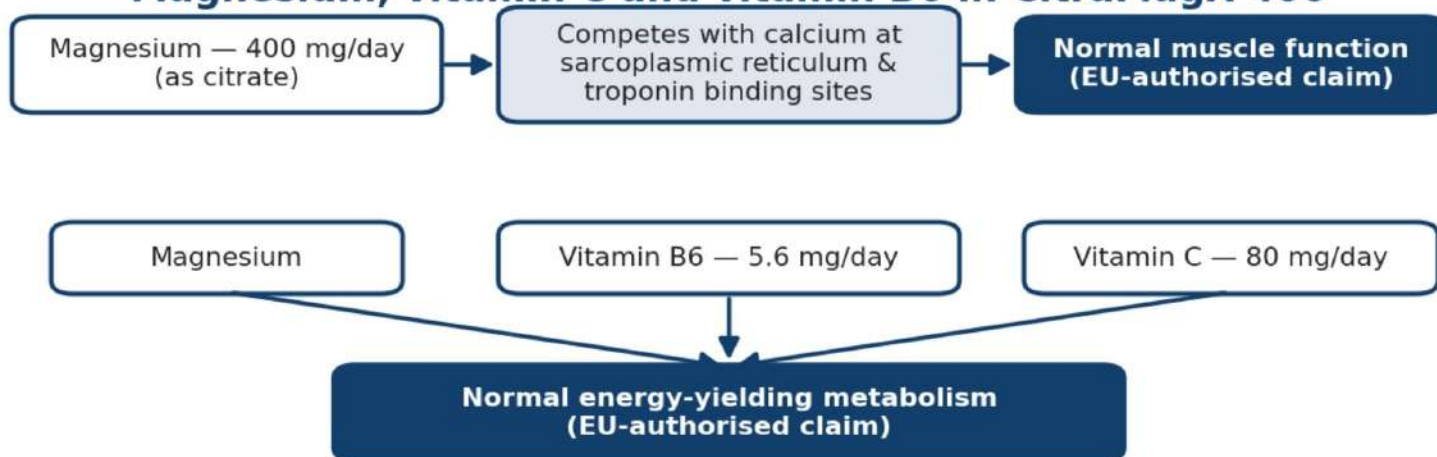
CitraMagX 400 provides 400 mg magnesium (107% NRV) as citrate, a form with comparatively high bioavailability versus magnesium oxide, together with vitamin C and vitamin B6.

400 mg magnesium

HUMAN STUDIES: MAGNESIUM & MUSCLE FUNCTION

- Magnesium is a cofactor in over 300 enzymatic reactions, including those governing muscle contraction and relaxation.
- Magnesium competes with calcium at binding sites in the sarcoplasmic reticulum and troponin complex, supporting normal muscle relaxation.
- A review of randomised human trials in athletes (4–12 weeks) examined magnesium status, muscle performance and cramping.

Magnesium, vitamin C and vitamin B6 in CitraMagX 400



Schematic illustration of the physiological roles described in the source statement — not a clinical-trial result.

★ EVIDENCE HIGHLIGHTS

- In human trials, improved muscle performance and reduced cramping were reported in magnesium-insufficient subjects.
- Magnesium contributes to normal muscle function.
- Vitamins C, B6 and magnesium contribute to normal energy-yielding metabolism.

Selected references

Nielsen & Lukaski. Magnes Res. 2006;19(3):180–189. EFSA scientific opinions summarised in the original CitraMagX 400 Clinical Study Statement.

MenFolliX

For hair health



MenFolliX has been specially developed for the needs of male skin and hair and contains a careful selection of nutrients that support the maintenance of healthy hair and well-groomed skin. The ingredients it contains, such as biotin, selenium and zinc, contribute to the maintenance of normal hair. Vitamin B2, niacin, biotin and zinc support the maintenance of normal skin.

A particular strength of MenFolliX is the use of Annurtrofil®, a patented Annurca apple extract known for its remarkable properties. The special Annurca apple (*Malus pumila* Miller cv. Annurca) grows in the Campania region of southern Italy. The unmistakable flavour and the composition of the polyphenolic compounds are unique. Annurtrofil® extract is characterised by a very high polyphenol content, in particular procyanidin B2.

Recommended consumption:



Dissolve 1 sachet (each 5.0 g) once a day in 200 ml water, stir well and drink.



lactose-free



gluten-free



vegetarian



MenFolliX

For hair health

Food supplement with Annurca apple extract, vitamins, magnesium and trace elements



**Flavour:
Apple**



Ingredients:

Dextrose; maltodextrin; magnesium salts of citric acid; L-ascorbic acid; 4.9% Annurca apple extract powder; acidifier: citric acid; acidity regulator: sodium hydrogen carbonate; colour: plain caramel; flavour; anti-caking agent: silicon dioxide; calcium-D-pantothenate; nicotinamide; sweetener: sucralose; zinc oxide; riboflavin; thiamine mononitrate; pyridoxine hydrochloride; D-biotin; sodium selenite; cholecalciferol; cyanocobalamin.

The product MenFolliX does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians.

Nutrients	Per daily serving (1 sachet = 5.0 g)	% NRV ¹
Annurtrofil® (Annurca apple extract)	800 mg	—
Vitamin C	240 mg	300
Vitamin D3	16 µg = 640 I.U.	320
Vitamin B1	3.2 mg	291
Vitamin B2	3.6 mg	257
Niacin [NE]	13.6 mg	85
Pantothenic acid	14.4 mg	240
Vitamin B6	3.2 mg	229
Biotin	144 µg	288
Vitamin B12	6 µg	240
Magnesium	56 mg	15
Selenium	36 µg	66
Zinc	8 mg	80

¹Nutrient Reference Value = Reference quantity according to EU regulation



CLINICAL EVIDENCE ON ANNURTROFIL®

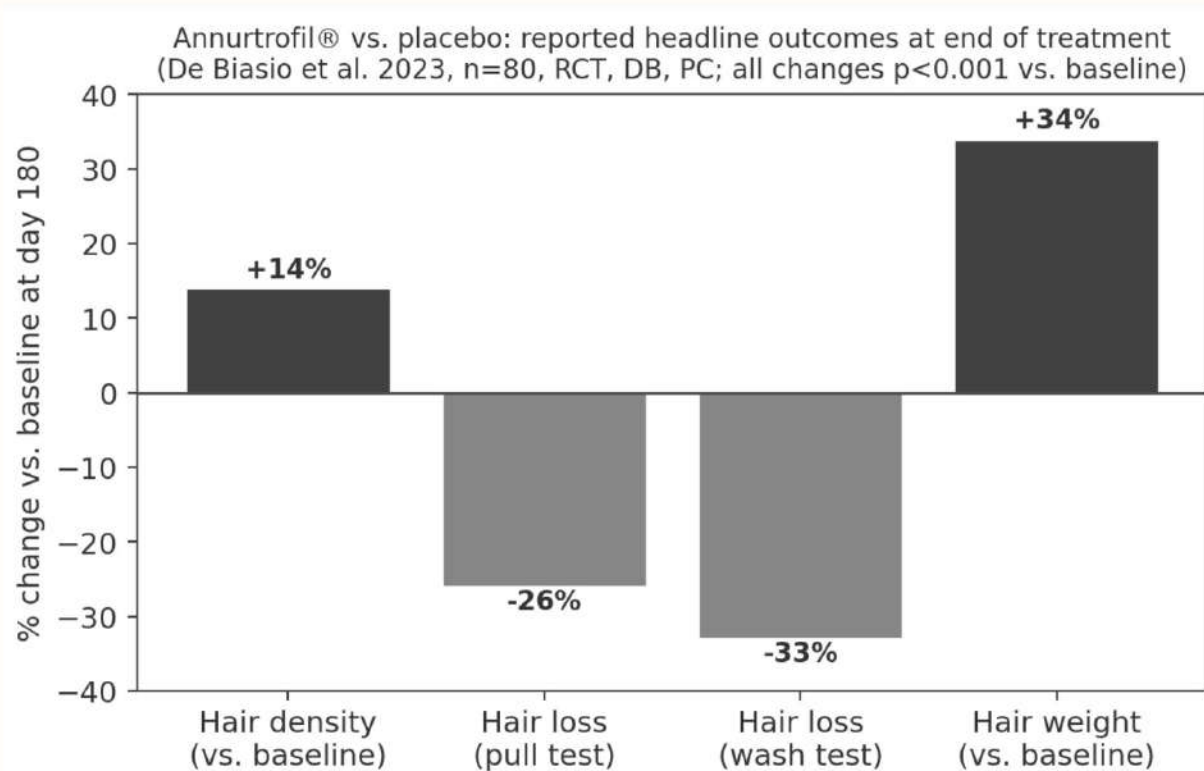
MenFolliX | FOR HAIR HEALTH

MenFolliX provides 800 mg/day Annurtrofil®, a patented Annurca apple extract characterised by procyanidin B2, together with micronutrients for normal hair and skin.

800 mg/day

HUMAN STUDY: RANDOMISED, DOUBLE-BLIND, PLACEBO-CONTROLLED

- 80 adults with hair loss were followed for 180 days.
- The study evaluated hair density, hair loss and hair weight.
- The Annurca apple supplement formula contained Annurtrofil®.



EVIDENCE HIGHLIGHTS

- Hair density: +14% by Day 180 versus baseline.
- Hair loss: -26% in the pull test and -33% in the wash test.
- Hair weight: +34% versus baseline; the supplied study summary reports $p < 0.001$ for the highlighted outcomes.

Selected references

De Biasio F et al. J Appl Cosmetol. 2023;41(2):28–46. DOI: 10.56609/jac.v41i2.276. Additional HUMAN STUDY: RANDOMISED, DOUBLE-BLIND, PLACEBO-CONTROLLED supporting studies summarised in the original MenFolliX Clinical Study Statement.

GlucolēX

For normal blood glucose levels



A balanced, high-fibre and low-sugar diet and more exercise in everyday life are part of a healthy lifestyle. Various nutrients play a role in carbohydrate metabolism: chromium contributes to the maintenance of normal blood glucose levels and zinc contributes to normal carbohydrate metabolism. Chromium and zinc contribute to normal macronutrient metabolism.

In addition to these trace elements, our food supplement GlucolēX contains the special ingredient Belinal®. This extract is obtained from silver fir (*Abies alba*) and is naturally rich in polyphenols, with 36 different polyphenols identified. The silver firs grow in mountain forests without the use of pesticides and the branches are sustainably selected. The extract is certified organic and is produced using a patented method.

Recommended consumption:



Dissolve 1 sachet (each 5.0 g) twice a day in 200 ml water, stir well and drink. Take the product 15 minutes before a meal (e.g. breakfast and lunch).



lactose-free



gluten-free



vegetarian



GlucoleX

For normal blood glucose levels

Food supplement with silver fir branch extract, vitamins, magnesium and trace elements



Flavour:
Blueberry



Ingredients:

Bulking agent: isomalt; magnesium salts of citric acid; acidifier: citric acid; maltodextrin; acidity regulator: sodium hydrogen carbonate; L-ascorbic acid; 1.6% silver fir extract Belinal®; blueberry extract; flavour; sweeteners: sodium cyclamate, sodium saccharin; zinc citrate; DL-alpha-tocopheryl acetate; pyridoxine hydrochloride; pteroylmonoglutamic acid; chromium chloride; sodium selenite; cyanocobalamin; cholecalciferol.

The product GlucoleX does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians.

Nutrients	Per daily serving (2 sachets = each 5.0 g)	% NRV ¹
Belinal® (silver fir branch extract)	150 mg	-
Vitamin C	300 mg	375
Vitamin D3	10 µg = 400 I.U.	200
Vitamin E [TE]	10 mg	83
Vitamin B6	6 mg	429
Folic acid	400 µg	200
Vitamin B12	24 µg	960
Magnesium	400 mg	107
Chromium	66 µg	165
Selenium	50 µg	91
Zinc	10 mg	100

¹Nutrient Reference Value = Reference quantity according to EU regulation



CLINICAL EVIDENCE ON BELINAL®

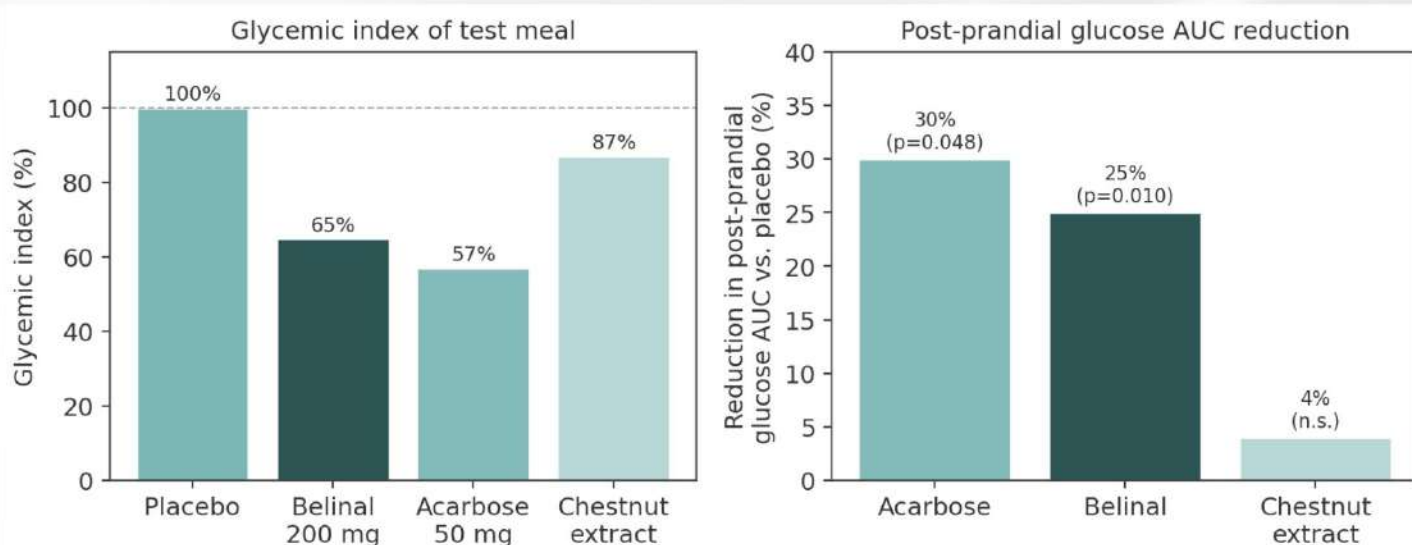
GlucolēX | FOR NORMAL BLOOD GLUCOSE LEVELS

GlucolēX provides 150 mg/day Belinal®, a standardised silver fir (Abies alba) branch extract with ≥66% total polyphenols, together with chromium, zinc, vitamins and magnesium.

150 mg/day

HUMAN STUDY: POST-PRANDIAL GLUCOSE RESPONSE

- Randomised, double-blind, cross-over, placebo- and active-controlled study in 31 healthy volunteers.
- A single 200 mg dose of Belinal® was taken with a starchy test meal (50 g digestible starch); acarbose served as active comparator. • Outcomes were the glycemic index of the meal and the post-prandial glucose area-under-curve (AUC).



EVIDENCE HIGHLIGHTS

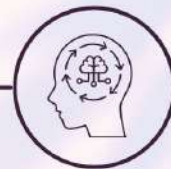
- Glycemic index of the test meal: 65% with Belinal® versus 100% with placebo (p=0.019).
- Post-prandial glucose AUC was 25% lower than placebo (p=0.010), approaching the effect of acarbose (30%).
- Chromium contributes to the maintenance of normal blood glucose levels; zinc contributes to normal carbohydrate metabolism.

Selected references

Debeljak et al. Pharmazie. 2016;71(10). Additional Belinal® study reports (Abies Labs GlucolēX provides 150 mg/day Belinal®, a standardised silver fir GmbH) and mechanistic studies summarised in the original GlucolēX Clinical Study Statement.

SafroneX

For psychological function



SafroneX is a high-quality food supplement that has been specifically developed to maintain a positive mood and mental balance in challenging everyday life. For our product, we use the special branded ingredient Moodreal®, a saffron extract obtained from the stigmas of the saffron crocus (*Crocus sativus*). Saffron is a valuable spice that is very popular in Middle Eastern cuisine due to its bright yellow colour and unique aroma. The secondary plant substances safranal and crocin give saffron its typical characteristics and are known for their antioxidant properties. Saffron is also highly valued in traditional medicine.

The content in Moodreal® is standardised to contain at least 2% safranal and 5% crocin. The formulation is supplemented by a targeted vitamin B complex: Vitamins B1, niacin, B6, B12 and the mineral magnesium contribute to the normal functioning of the nervous system and psychological function. Vitamins B2, B6, B12, pantothenic acid and magnesium contribute to normal energy-yielding metabolism and to the reduction of tiredness and fatigue. Pantothenic acid also contributes to normal mental performance and zinc supports normal cognitive function. Zinc and vitamins A, D, B6 and B12 play an important role in the normal function of the immune system and thus support general well-being. SafroneX combines saffron extract with B vitamins, magnesium and zinc in one daily sachet.



lactose-free



gluten-free



vegetarian



Recommended consumption:



Dissolve 1 sachet (each 5.0 g) once a day in 200 ml water, stir well and drink.

SafroneX

For psychological function

Food supplement with saffron extract, vitamins, magnesium and zinc – with sugar (dextrose) and sweetener



**Flavour:
Orange**



Ingredients:

Dextrose; magnesium salts of citric acid; maltodextrin; acidifier: citric acid; acidity regulator: sodium hydrogen carbonate; nicotinamide; flavour; calcium-D-pantothenate; zinc citrate; sweetener: sucralose; 0.1% saffron extract (*Crocus sativus* L.,/ from stigmas); riboflavin; pyridoxine hydrochloride; thiamine mononitrate; retinyl acetate; cholecalciferol; cyanocobalamin.

The product SafroneX does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians.

Nutrients	Per daily serving (1 sachet = 5.0 g)	% NRV ¹
Moodreal® (saffron extract)	30 mg	–
Vitamin A [RE]	150 µg	19
Vitamin D3	15 µg = 600 I.U.	300
Vitamin B1	3.3 mg	300
Vitamin B2	4.2 mg	300
Niacin [NE]	48 mg	300
Pantothenic acid	18 mg	300
Vitamin B6	4.2 mg	300
Vitamin B12	7.5 µg	300
Magnesium	200 mg	53
Zinc	5 mg	50

¹Nutrient Reference Value = Reference quantity according to EU regulation



CLINICAL EVIDENCE ON SAFFRON EXTRACT

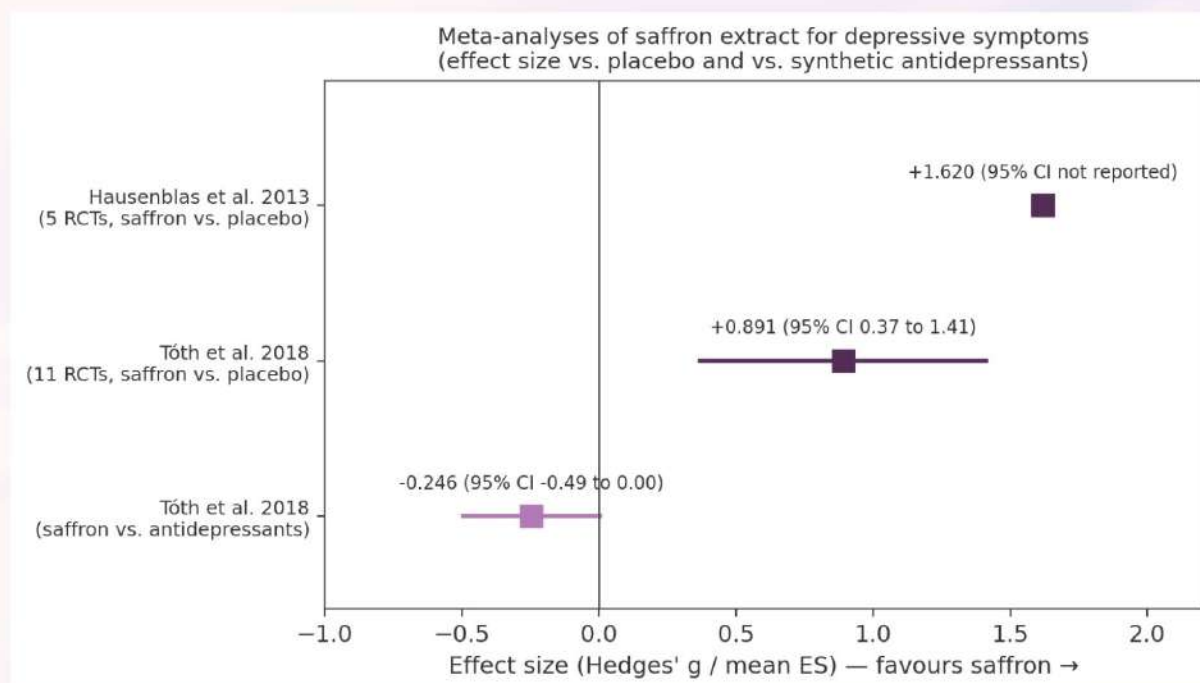
SafroneX | MOODREAL®

SafroneX provides 30 mg/day Moodreal®, a standardised saffron (*Crocus sativus*) extract containing $\geq 2\%$ safranal and $\geq 5\%$ crocin, together with B vitamins and magnesium.

30 mg/day

RESEARCH ON SAFFRON & MOODREAL®

- Moodreal® has been evaluated in a laboratory serotonin re-uptake assay using rat brain synaptosomes.
- Independent meta-analyses summarised in the original statement evaluated randomised human trials of standardised saffron extracts.
- The broader literature provides clinical context for saffron while Moodreal® contributes brand-specific mechanistic evidence.



★ EVIDENCE HIGHLIGHTS

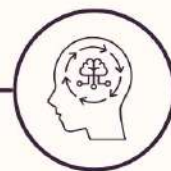
- Meta-analyses cited in the statement reported significant effects of standardised saffron extracts versus placebo.
- Hausenblas et al. (2013): mean effect size 1.62 versus placebo ($p < 0.001$).
- Tóth et al. (2018): $g = 0.891$ versus placebo ($p = 0.001$).

Selected references

Hausenblas et al. J Integr Med. 2013;11(6):377–383. Tóth et al. Planta Med. 2019;85(1):24–31. Dai et al. J Nerv Ment Dis. 2020;208:269–276. Natac Moodreal® technical report, Rev. 002, 2023.

LavendeX

For reduction of tiredness and fatigue



Even the sight of a field of lavender in bloom can create a special moment – the soft shades of violet in the flowers and the characteristic scent of lavender evoke an atmosphere of peace and tranquillity. Our high-quality food supplement, SAVIXOR LavendeX, containing lavender flower extract, invites you to savour this special plant in a delicious drink. Whether enjoyed as a hot tea or prepared with warm milk – it offers a moment of tranquillity to round off the day in a relaxed manner.

LavendeX also contains the branded ingredient HOLIXER™ – a standardised extract of Indian basil (*Ocimum tenuiflorum*), also known as holy basil or tulsi. In Ayurvedic herbalism, this aromatic plant has been valued for centuries and is associated, amongst other things, with inner balance and moments of mindfulness.

LavendeX combines these two special plant extracts into a modern formula, which is supplemented with carefully selected vitamins and minerals. Vitamins B2, pantothenic acid, B6, folic acid, B12 and magnesium contribute to the reduction of tiredness and fatigue, whilst vitamins B2, pantothenic acid, B6, B12 and magnesium contribute to normal energy-yielding metabolism. Vitamins B6, folic acid, B12 and magnesium support normal psychological function, whilst vitamins B2, B6 and B12, as well as magnesium, support normal functioning of the nervous system. Pantothenic acid contributes to normal mental performance and zinc to normal cognitive function. The formula also contains vitamin D, vitamin E, chromium and selenium. Vitamin E, vitamin B2, selenium and zinc contribute to the protection of cells from oxidative stress, whilst chromium contributes to the maintenance of normal blood glucose levels. LavendeX combines lavender flower extract, HOLIXER™ and selected vitamins and minerals to create a unique formula – with the aim of winding down the day with a warm cup.



Recommended consumption:



Dissolve 1 sachet (each 5.0 g) once a day in 200 ml of warm water or warm milk, stir well and drink.



lactose-free **gluten-free** **vegetarian**

LavendeX

For reduction of tiredness and fatigue

**Food supplement with
lavender flower extract,
Indian basil extract and
vitamins – with sweetener**



**Flavour:
Lavender-
Honey**



Ingredients:

Maltodextrin; magnesium bisglycinate; acidifier: citric acid; 5.3% Indian basil extract; 2.5% lavender flower extract; flavour; zinc citrate; calcium-D-pantothenate; sweetener: sucralose; alpha-tocopheryl acetate; pyridoxine hydrochloride; riboflavin; pteroylmonoglutamic acid; chromium chloride; sodium selenite; cyanocobalamin; cholecalciferol

The product LavendeX does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians.

Nutrients	Per daily serving (1 sachet = 5.0 g)	% NRV ¹
HOLIXER™ (Indian basil extract)	250 mg	-
Lavender flower extract	120 mg	-
Vitamin D3	5 µg = 200 I.U.	100
Vitamin E	5 mg	42
Vitamin B2	2.1 mg	150
Pantothenic acid	9 mg	150
Vitamin B6	3 mg	214
Folic acid	200 µg	100
Vitamin B12	19.5 µg	780
Magnesium (as magnesium bisglycinate)	150 mg	40
Chromium	33 µg	83
Selenium	25 µg	46
Zinc	3 mg	30

¹Nutrient Reference Value = Reference quantity according to EU regulation



CLINICAL EVIDENCE ON HOLIXER™

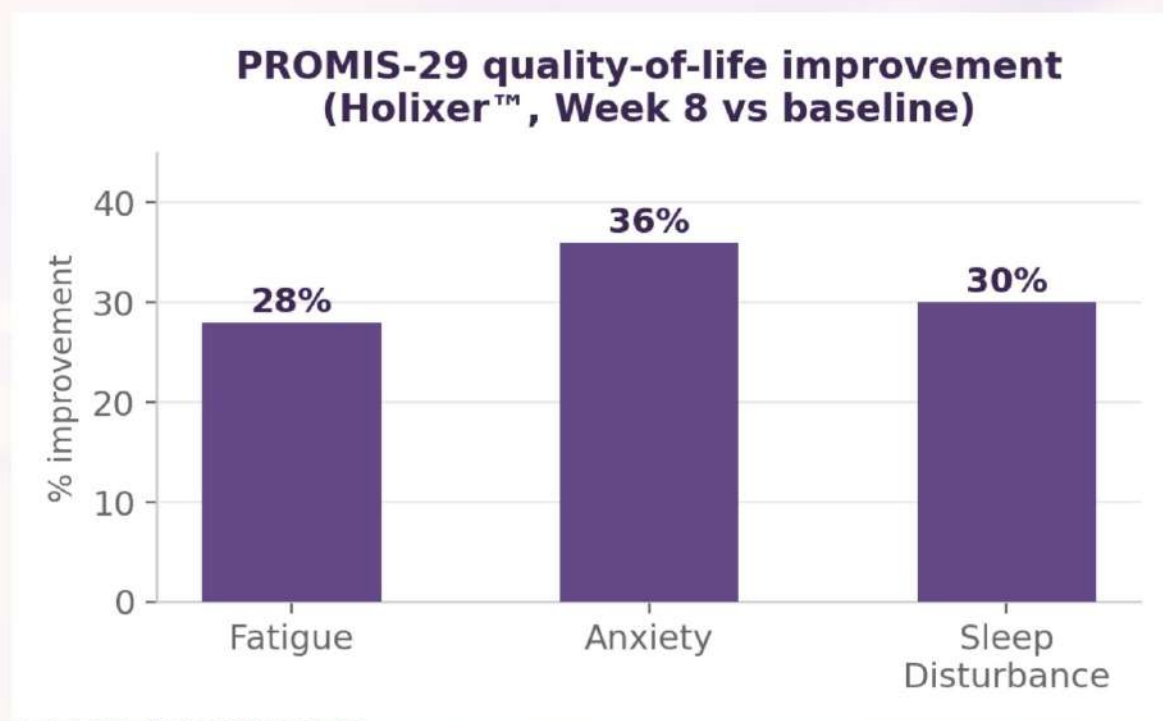
LavendeX | FOR REDUCTION OF TIREDNESS AND FATIGUE

HOLIXER™ is a standardised Holy Basil (*Ocimum tenuiflorum*) extract. LavendeX provides 250 mg/day HOLIXER™, matching the daily dose used in the highlighted human studies.

250 mg/day

HUMAN STUDY: STRESS, SLEEP & QUALITY OF LIFE

- Randomised, double-blind, placebo-controlled study in 100 adults over 8 weeks.
- HOLIXER™ : 250 mg/day.
- Outcomes included perceived stress, hair cortisol, acute stress response, sleep quality and PROMIS-29 quality-of-life measures.



EVIDENCE HIGHLIGHTS

- Improvements in the PROMIS-29 at week 8 included a 28% reduction in fatigue, a 36% reduction in anxiety and a 30% reduction in sleep disturbances compared with baseline.
- The reduction on the 'Perceived Stress Scale' was 37% in the Holixer group and was therefore greater than in the placebo group ($p = 0.003$).
- A second 8-week randomised, double-blind, placebo-controlled study assessed sleep with polysomnography and actigraphy.

Selected references

Lopresti AL et al. Front Nutr. 2022;9:965130. Additional HOLIXER™ sleep study and supplier clinical reports summarized in the original Clinical Study Statement.

FertiFemiX

For fertility and reproduction



FertiFemiX has been specially developed for women who wish to have a baby. It contains zinc, which contributes to normal fertility and reproduction. Vitamin D, folic acid, vitamin B12, and the minerals calcium, magnesium and zinc have a role in the process of cell division.

Supplemental folic acid intake increases maternal folate status. Low maternal folate status is a risk factor in the development of neural tube defects in the developing foetus.

Furthermore, folate contributes to maternal tissue growth during pregnancy. FertiFemiX contains the branded ingredient Quatrefolic® – a metabolically active form of folic acid with increased bioavailability. Monk's pepper (*Vitex agnus-castus*) is considered a traditional medicinal plant and has been highly valued by women from a wide variety of cultures for centuries. The vitaminoid myo-inositol occurs naturally in the body. As a component of cell membranes, it plays a crucial role in signal transmission between cells. FertiFemiX contains vitamin B6, which contributes to the regulation of hormonal activity. Vitamin B2 and niacin contribute to the maintenance of normal mucous membranes, such as those in the uterus. Iodine contributes to the normal production of thyroid hormones and normal thyroid function.



lactose-free



gluten-free



vegetarian

Recommended consumption:



Dissolve 1 sachet (each 5.0 g) twice a day in 200 ml water, stir well and drink with meals.

FertiFemiX

For fertility and reproduction

Food supplement with myo-inositol, monk's pepper extract, vitamins, minerals and trace elements - with sweetener



**Flavour:
Raspberry**

Ingredients:

32% Myo-inositol; maltodextrin; calcium lactate; magnesium salts of citric acid; acidifier: citric acid; acidity regulator: sodium hydrogen carbonate; beetroot juice powder; flavour; zinc citrate; 0,2% monk's pepper extract; sweetener: sucralose; nicotinamide; pyridoxine hydrochloride; riboflavin; 5-methyltetrahydrofolic acid; potassium iodate; sodium selenate; cholecalciferol; cyanocobalamin

The product FertiFemiX does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians.

Nutrients	Per daily serving (2 sachets = each 5.0 g)	% NRV ¹
Myo-Inositol	3000 mg	-
Monk's pepper extract	20 mg	-
Vitamin D3	20 µg = 800 I.U.	400
Vitamin B2	4 mg	286
Niacin [NE]	14 mg	88
Vitamin B6	7 mg	500
Quatrefolic® (activated folic acid, 5-MTHF)	400 µg	200
Vitamin B12	8 µg	320
Calcium	160 mg	20
Magnesium	150 mg	40
Iodine	150 µg	100
Selenium	50 µg	91
Zinc	5 mg	50

¹Nutrient Reference Value = Reference quantity according to EU regulation



SCIENTIFIC BACKGROUND ON MYO-INOSITOL

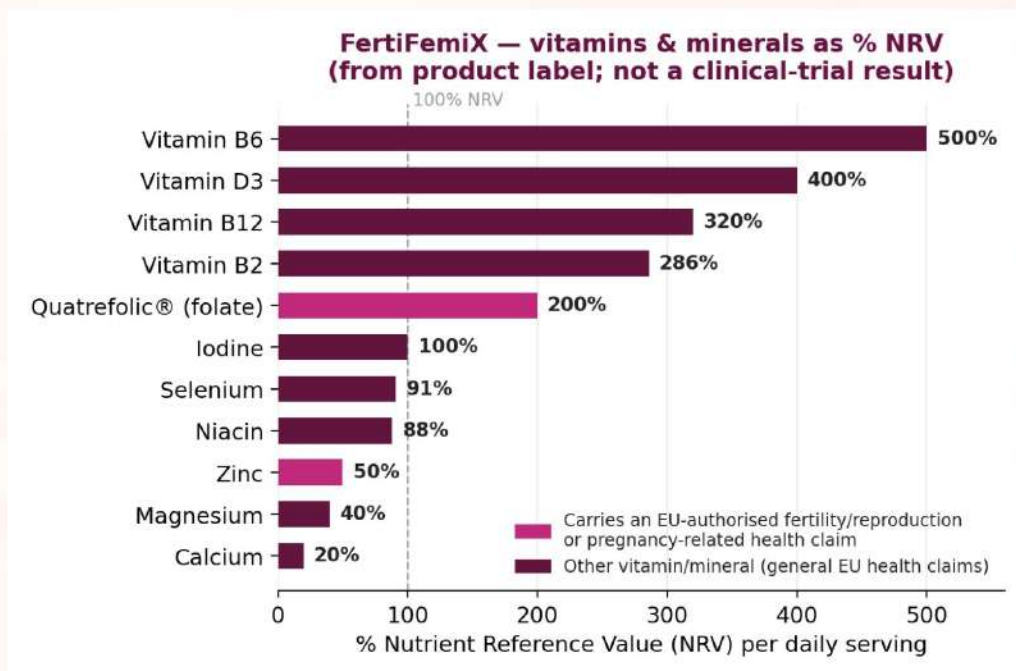
FertiFemiX | QUATREFOLIC®

FertiFemiX provides 3,000 mg/day myo-inositol, 20 mg/day monk's pepper extract (4:1) and 400 µg/day Quatrefolic® (5-MTHF), plus 11 vitamins, minerals and trace elements, for women trying to conceive.

**3,000 mg/day
myo-inositol**

INGREDIENT RESEARCH & EU-AUTHORISED CLAIMS

- Published human studies have used myo-inositol at roughly 2–4 g/day in women with PCOS and in assisted reproduction.
- Quatrefolic® supplies L-5-methyltetrahydrofolate directly, bypassing the MTHFR-dependent conversion required for folic acid.
- Monk's pepper (*Vitex agnus-castus*) has a long traditional use for menstrual-cycle-related complaints (German Commission E).



★ EVIDENCE HIGHLIGHTS

- Zinc contributes to normal fertility and reproduction; folate contributes to maternal tissue growth during pregnancy.
- Published myo-inositol research reported associations with improved insulin sensitivity and more regular ovulatory cycles.
- 5-MTHF has been reported to raise blood folate at least as effectively as folic acid, including in women with reduced MTHFR activity.

Selected references

Literature on myo-inositol (Unfer V and colleagues), 5-MTHF bioavailability (Prinz-Langenohl R and colleagues), the German Commission E monograph on *Vitex agnus-castus* and EFSA opinions, as summarised in the original FertiFemiX Scientific Evidence Statement.

FertiFemiX Forte

For fertility and reproduction



FertiFemiX Forte contains two valuable branded ingredients – Caronositol Fertility® and Quatrefolic® – and has been developed for women who wish to have a baby. It contains the essential trace element zinc, which contributes to normal fertility and reproduction. Vitamin D, folic acid, and zinc have a role in the process of cell division. Supplemental folic acid intake increases maternal folate status. Low maternal folate status is a risk factor in the development of neural tube defects in the developing foetus.

The beneficial effect is obtained with a supplemental folic acid daily intake of 400 µg for at least one month before and up to three months after conception. Furthermore, folate contributes to maternal tissue growth during pregnancy. Quatrefolic® is a metabolically active form of folic acid with increased bioavailability. Caronositol Fertility® contains myo-inositol and D-chiro-inositol in a ratio of 3.6:1. The vitaminoid myo-inositol occurs as a component of cell membranes in the body. It plays an important role in signal transmission between cells. D-chiro-inositol is involved in insulin signal transduction. FertiFemiX Forte contains vitamin B6, which contributes to the regulation of hormonal activity. Vitamin B2 contributes to the maintenance of normal mucous membranes, such as those in the uterus. Iodine contributes to the normal production of thyroid hormones and normal thyroid function.



lactose-free



gluten-free



vegetarian



Recommended consumption:



Dissolve 1 sachet (each 5.0 g) twice a day in 200 ml water, stir well and drink with meals.

FertiFemiX Forte

For fertility and reproduction

Food supplement with myo-inositol, D-chiro-inositol, vitamins and trace elements - with sweetener



**Flavour:
Mango-
Passion fruit**

Nutrients	Per daily serving [2 sachets = each 5.0 g]	% NRV ¹
Caronositol Fertility® (Inositol)	1400 mg	-
-thereof Myo-Inositol	1100 mg	-
-thereof D-chiro-Inositol	300 mg	-
Vitamin D3	20 µg = 800 I.U.	400
Vitamin B2	4.3 mg	307
Vitamin B6	7 mg	500
Quatrefolic® (activated folic acid, 5-MTHF)	400 µg	200
Iodine	150 µg	100
Zinc	5 mg	50

¹Nutrient Reference Value = Reference quantity according to EU regulation



Ingredients:

Maltodextrin; 11.6% myo-inositol; acidifier: citric acid; acidity regulator: sodium hydrogen carbonate; 3.2 % D-chiro-inositol; anti-caking agent: silicon dioxide; flavour; beetroot juice powder; sweetener: sucralose; zinc citrate; pyridoxine hydrochloride; riboflavin-5-phosphate; 5-methyltetrahydrofolic acid; potassium iodate; cholecalciferol

The product FertiFemiX Forte does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians.



CLINICAL EVIDENCE ON CARONOSITOL FERTILITY®

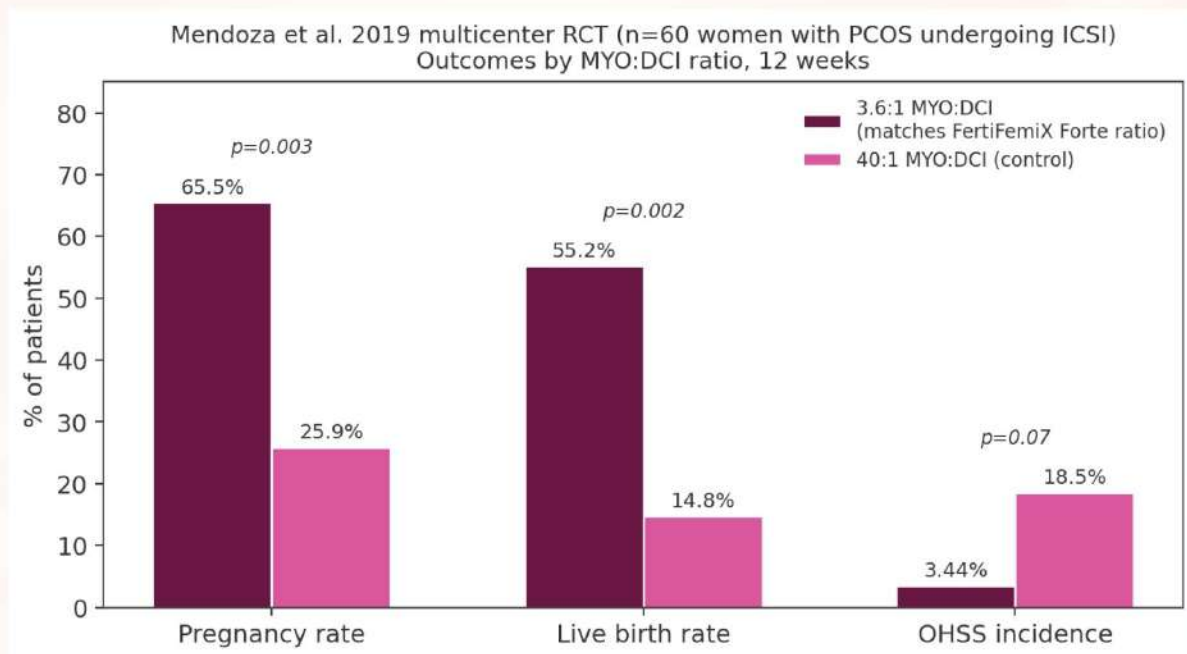
FertiFemiX Forte | FOR FERTILITY AND REPRODUCTION

FertiFemiX Forte contains Caronositol Fertility®, providing 1,100 mg myo-inositol (MYO) and 300 mg D-chiro-inositol (DCI) per day, together with Quatrefolic®, vitamin D, vitamin B6, iodine and zinc.

**1,100 mg MYO+
300 mg
DCI/day**

HUMAN STUDY: RANDOMISED, DOUBLE-BLIND, MULTICENTRE

- 60 women with PCOS undergoing ICSI were randomised for 12 weeks at five Spanish sites.
- The 3.6:1 ratio (1,100 mg MYO + 300 mg DCI/day, matching FertiFemiX Forte) was compared with the conventional 40:1 ratio. • Outcomes included pregnancy rate, live-birth rate and ovarian hyperstimulation syndrome (OHSS) incidence.



EVIDENCE HIGHLIGHTS

- Pregnancy rate 65.5% vs. 25.9% (p=0.003) and live-birth rate 55.2% vs. 14.8% (p=0.002) with the 3.6:1 ratio.
- A linked sub-study of 172 oocytes found significantly better cytoplasm quality and other oocyte-quality markers with the 3.6:1 ratio. • In 92 women undergoing IVF-ICSI, a similar 3.6:1 formula was associated with a higher clinical pregnancy rate per embryo transfer (54.4% vs. 42.7%, p=0.020).

Selected references

Mendoza N et al. Gynecol Endocrinol. 2019;35(8):695–700. Mendoza N et al. Gynecol Endocrinol. 2019. DOI: 10.1080/09513590.2019.1681959. Belchín Fernández P et al. J Obstet Gynaecol. 2026;46(1):2681759. Additional studies summarised in the original FertiFemiX Forte Clinical Study Statement.

UrinaX

For mucous membranes



A healthy and well-functioning bladder is something we take for granted in everyday life. The bladder collects urine from the kidneys until it is sufficiently full and sends a signal to the brain. In this way, excess water and waste products are eliminated. If this system of elasticity and control is disrupted, we notice it. Drinking plenty of fluids is part of a healthy everyday routine. Biotin contributes to the maintenance of normal mucous membranes, such as the bladder mucosa. The trace elements copper, selenium and zinc, as well as vitamins C and D, contribute to the normal function of the immune system. Vitamin C and selenium also contribute to the protection of cells from oxidative stress. The North American cranberry (*Vaccinium macrocarpon*) is rich in polyphenols such as proanthocyanidins (PACs), anthocyanins and flavonols. The high content of PACs with type A linkages is unique to cranberries, which is characteristic of cranberries.

Our food supplement UrinaX contains the high-quality branded ingredient CRAN'BEY® – a cranberry extract whose proanthocyanidin (PAC) content is standardised using the HPLC method. The Drycare® technology used enables the cranberries to be gently dried, thus protecting the natural plant substances, especially the PACs. The CRAN'BEY® contained in UrinaX provides a daily intake of 36 mg PACs. UrinaX contains a carefully selected combination of biotin, vitamins C and D, copper, selenium and zinc. The main ingredients are the monosaccharide D-mannose and CRAN'BEY® cranberry extract. Dissolved in 200 ml of drinking water, it also provides the body with fluids.



lactose-free



gluten-free



vegetarian



Recommended consumption:



Dissolve 1 sachet (each 5.0 g) twice a day in 200 ml water, stir well and drink with meals.

UrinaX

For mucous membranes

Food supplement with D-mannose, cranberry extract, vitamins and trace elements - with sweetener



Flavour:
Cranberry



Ingredients:

41.6% D-mannose; maltodextrin; acidifier: citric acid; acidity regulator: sodium hydrogen carbonate; L-ascorbic acid; 1.4% cranberry-extract (Vaccinium macrocarpon); flavour; anti-caking agent: silicon dioxide; sweetener: sucralose; zinc citrate; copper gluconate; D-biotin; sodium selenite; cholecalciferol

The product UrinaX does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians.

Nutrients	Per daily serving (2 sachets = each 5.0 g)	% NRV ¹
D-mannose	4000 mg	-
CRAN'BEY® (cranberry extract)	360 mg	-
thereof proantho- cyanidins (PACs)	36 mg	-
Vitamin C	200 mg	250
Vitamin D3	10 µg = 400 I.U.	200
Biotin	500 µg	1000
Copper	0.6 mg	60
Selenium	30 µg	55
Zinc	5 mg	50

¹Nutrient Reference Value = Reference quantity according to EU regulation



CLINICAL EVIDENCE ON CRAN'BEY®

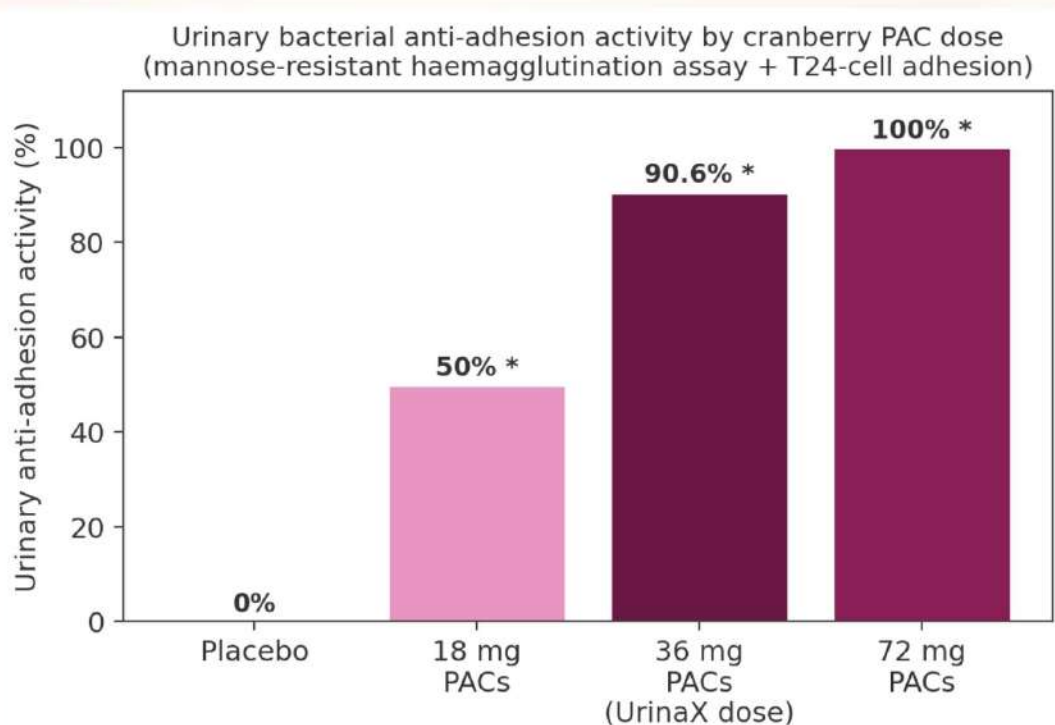
UrinaX | FOR MUCOUS MEMBRANES

UrinaX combines CRAN'BEY®, a PAC-standardised cranberry (*Vaccinium macrocarpon*) extract providing 36 mg proanthocyanidins (PACs) per day, with 4,000 mg/day D-mannose and biotin for normal mucous membranes.

**36 mg
PACs/day**

DOSE-RANGING HUMAN STUDY: URINARY ANTI-ADHESION

- Multicentre, randomised, double-blind study in 32 volunteers.
- Cranberry powder standardised to 0 (placebo), 18, 36 or 72 mg PACs/day.
- Outcomes were urinary anti-adhesion activity against *E. coli* and survival in an in vivo *C. elegans* infection model.



EVIDENCE HIGHLIGHTS

- Urinary anti-adhesion activity rose dose-dependently: 0% (placebo), 50% (18 mg), 90.6% (36 mg) and 100% (72 mg PACs), all $p < 0.05$ versus placebo.
- The 36 mg PAC dose used in UrinaX reached 90.6% of the maximal activity observed across the tested dose range.
- *C. elegans* survival (LT50) increased from ~3 days (placebo) to 5–6 days after cranberry PAC intake.

Selected references

Howell AB et al. BMC Infect Dis. 2010;10:94. DOI: 10.1186/1471-2334-10-94. CRAN'BEY® supplier leaflet (Comercial Química Massó S.A. / GPE, ref. V-09/2022). Additional references summarised in the original UrinaX Clinical Study Statement.

BoneMiX

For bones



Bone metabolism is the process of building and breaking down bone tissue. In young people, bone mass is primarily built up. Maximum bone density is reached between the ages of 30 and 35. After that, bone mass slowly decreases again. The interaction of calcium with vitamin K2 and vitamin D3 is very important for optimal bone health. While vitamin D3 is necessary for the absorption of calcium from the gastrointestinal tract into the blood, vitamin K2 enables the mineral to be properly incorporated into the bone matrix.

Vitamin D, vitamin K, magnesium and manganese contribute to the maintenance of normal bones. Calcium is needed for the maintenance of normal bones and teeth. Vitamin D contributes to the normal absorption and utilisation of calcium and phosphorus and to normal blood calcium levels. Vitamin C contributes to normal collagen formation for the normal function of bones and teeth. In addition, calcium, magnesium and vitamin D contribute to normal muscle function. Our food supplement BoneMiX contains vitamins C, D3 as well as the minerals calcium and magnesium and the trace element manganese. A special component is the high-quality branded ingredient K2VITAL® - Menaquinone MK-7. This patented vitamin K2 is characterised by high bioavailability and stability.



lactose-free



gluten-free



vegetarian

Recommended consumption:



Dissolve 1 sachet (each 5.0 g) twice a day in 200 ml water, stir well and drink with meals.

BoneMiX

For bones

**Food supplement with vitamins, minerals and trace elements
with sweetener**



**Flavour:
Orange**



Nutrients	Per daily serving (2 sachets = each 5.0 g)	% NRV ¹
Vitamin C	250 mg	313
Vitamin D3	20 µg = 800 I.U.	400
K2 Vital® Vitamin K2 (MK-7)	100 µg	133
Calcium	500 mg	63
Magnesium	200 mg	53
Manganese	0.5 mg	25

¹Nutrient Reference Value = Reference quantity according to EU regulation



Ingredients:

Calcium lactate; maltodextrin;
magnesium salts of citric acid; acidifier:
citric acid; acidity regulator: sodium
hydrogen carbonate; L-ascorbic acid;
flavour; beetroot juice powder; sweetener:
sucralose; colour: riboflavin-5-phosphate;
manganese gluconate; menaquinone;
cholecalciferol

The product BoneMiX does not contain
allergens (according to Regulation (EU) No
1169/2011) and GMO, is free of gluten and
lactose and is suitable
for vegetarians.



CLINICAL EVIDENCE ON VITAMIN K2 (MK-7)

BoneMiX | K2VITAL® (VITAMIN K2 MK-7)

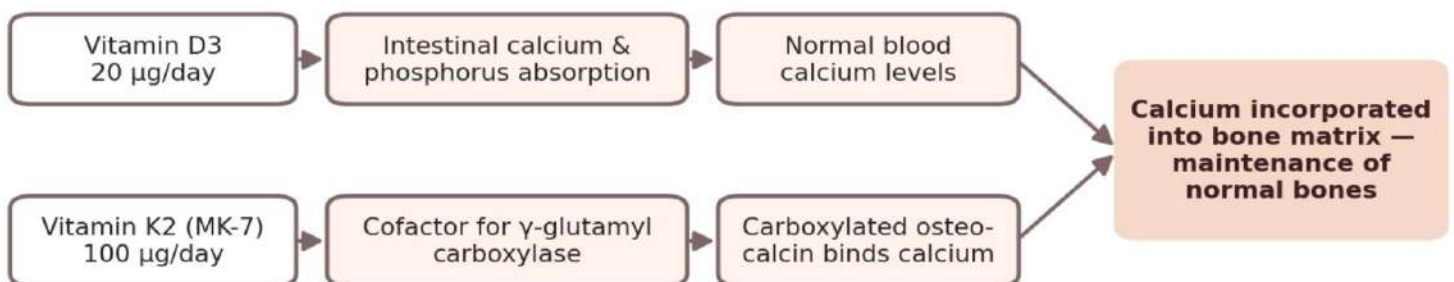
BoneMiX combines vitamin D3, 100 µg/day vitamin K2 as menaquinone-7 (K2VITAL®), calcium, magnesium, manganese and vitamin C for the maintenance of normal bones.

**100 µg
vitamin K2
(MK-7)**

HUMAN STUDIES ON VITAMIN K2 (MK-7)

- Randomised, double-blind, placebo-controlled human trials of MK-7 (not K2VITAL®-brand specific) in postmenopausal women over 1–3 years.
- MK-7 doses of 45–180 µg/day; Knapen et al. (2013) used 180 µg/day for 3 years.
- Outcomes included bone mineral density (lumbar spine, femoral neck), bone strength indices and undercarboxylated osteocalcin.

How vitamin D3 and vitamin K2 (MK-7) support bone mineralisation



Schematic illustration of the physiological roles described in the source statement — not a clinical-trial result.

EVIDENCE HIGHLIGHTS

- MK-7 supplementation was associated with a significantly slower decline in bone mineral density versus placebo.
- Trials also reported improved bone strength indices and lower circulating undercarboxylated osteocalcin, with good tolerability.
- Vitamin D, vitamin K, magnesium and manganese contribute to the maintenance of normal bones; calcium is needed for the maintenance of normal bones and teeth.

Selected references

Knapen et al. Osteoporos Int. 2013;24(9):2499–2507 (MK-7 as a molecule; not K2VITAL®-brand specific). EFSA scientific opinions summarised in the original BoneMiX Clinical Study Statement.

Discover Our Flavour Selection



The following flavours are available in-house and can be offered for SAVIXOR products:

- Apple
- Blood Orange
- Cranberry
- Strawberry
- Pomegranate
- Blueberry
- Lemon
- Raspberry
- Honey
- Cherry
- Mango-Passion Fruit
- Orange
- Blackcurrant
- Orange-Pomegranate

SAVIXOR[®]

SUPPLEMENTS MADE IN A PHARMA FACILITY

